

Alliance Exhibit Features Works By Renowned Artist

Paintings by Carl E. Schwartz will be featured in two galleries at the Alliance for the Arts in September, with an opening reception on Friday, September 9 from 5 to 7 p.m.

Schwartz taught figure drawing and painting in Chicago at the North Shore Art League for almost 30 years, and moved to Florida permanently in 1984. In 1999, he returned to teaching for another 14 years at Florida Gulf Coast University where he taught drawing and painting, and enjoyed the satisfaction of watching the growth of young artists. He passed away on September 21, 2014.

Schwartz was born in Detroit and educated at the Art Institute of Chicago and the University of Chicago where he earned a bachelor of fine arts degree. His biography lists awards, such as the Logan Medal from the Art Institute of Chicago, juried and invitational exhibitions like Art Across America (sponsored by Mead Corporation), and one- and two-person shows at Illinois State Museum and the Art Institute S&R Gallery in Chicago, to name a few. His works are on display in more than 25 colleges and universities throughout the country, including Harvard, Ball State, Loyola, Michigan State, Nevada, Minnesota and Chicago. He has many major



Painting by Carl Schwartz

image courtesy Alliance for the Arts

placements in permanent collections throughout the United States, such as The Smithsonian Institution, Kemper Insurance, AT&T, Sears, Delta Airlines, Beatrice Foods, the Library of Congress in Washington, DC, and abroad, including the British Museum in London. He worked with and was published by both *Reader's Digest* and *Playboy* magazine. He can be found in *Who's Who*, *Who's Who in the Midwest* as well as *Who's Who in American Art*.

Schwartz was an assiduous student of light. He isolated and painted the pattern and forms he saw. The influence of abstract expressionism hangs just below the surface of his work. Seen in detail, it is completely abstract. Schwartz created tight shapes under a controlled technique. Using these controlled forms, he produced what we the human eye perceives as "real." The subject of the painting becomes secondary to the form. Schwartz crystallized the act of seeing, focusing the attention where his passion and vision led him.

Schwartz extended his interested beyond the canvas. He created a number of gardens, which were written up in various magazines. His own water garden contains several Koi ponds complete with water lilies, some of which he propagated himself. He also filled his garden with unusual plant life not often seen elsewhere. It provided a perfect setting and was the subject of many of his watercolors and acrylic paintings.

Schwartz was a realist whose work shows an influence of both abstract expressionism and

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Marriott Hotel And Convention Center Coming To River District

In a special meeting, which took place August 22 in city council chambers, members of the Fort Myers City Council voted to accept a proposal from Mainsail Fort Myers LLLP for the development of a 225+/- room Marriott Autograph Collection full-service convention center hotel to be built in downtown Fort Myers.

The council also voted to conceptually approve the agreement for a proposed Harborside Event Center hotel parking garage with about 210 parking spaces. After reviewing three proposals last April, the city selected Tampa-based Mainsail Lodging & Development as the developer for the estimated 60,088-square-foot waterfront project. Mainsail is known in the industry for its quality building expertise, as well as its property management capabilities.

For both agenda items, the vote included permission to advertise for public hearings pursuant to Florida State 163.380.

Before the vote, Mayor Randall P. Henderson, Jr. and the five city council members listened to details provided by the city's legal and financial consultants about the proposed agreements. Joe C. Collier, president of Mainsail Lodging & Development, shared conceptual ideas about the hotel's design and the impact on the City of Fort Myers.

Collier explained that the concepts were preliminary, and that the city would see drawings along the way for final approval. Early ideas for the 225-room, 10-story, hotel with water views are highlighted by a rooftop bar, restaurants, street level retail shops, and a resort pool and pool deck situated above the parking garage. Collier estimates that more than 300 people will be hired for construction, and the hotel will employ approximately 210 in staff.

While the proposals were accepted, design plans and specifications, developer documents, and plans for an outdoor amphitheater are pending for future discussion.

"There is major excitement in our community about the hotel," said Mayor Henderson. "People ask me about it everywhere I go, and I look forward to sharing our plans with them. We expect Mainsail to provide us with a top notch hotel for our city."✱✱



Close play at second base

photos courtesy Lee County Sports Development



Catcher returning the ball

Baseball Festival This Weekend At JetBlue Park

Lee County will host the Perfect Game Select Baseball Festival on Friday, September 2 through Sunday, September 4 at JetBlue Park in Fort Myers. The game brings together the top 40 baseball players ages 14 and under in North America. On Sunday, September 4, the game will be broadcast nationally on FOX Sports and streamed live on MLB.com.

Proceeds from the game admission will benefit Golisano Children's Hospital of Southwest Florida, the only children's hospital between Tampa and Miami that provides vital health care for the region's sick and injured children, and their

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Historic Downtown Fort Myers, Then And Now:

Park House On First



by Gerri Reaves, PhD

Did you ever wonder how Park Avenue got its name? Did it acquire the name because little Fort Myers had a fit of envy for New York City's famed Park Avenue?

In fact, it was named for a pioneer who isn't as well-known as he should be, perhaps because he died at the relatively young age of 45 and didn't have any male children.

According to historian Karl H. Grismer, Thaddeus M. Park was a native of Georgia who arrived in Fort Myers in 1883, even before the town incorporated.

He brought much-needed carpentry skills to the new settlement and established a saw mill. He built the first Lee County Courthouse in 1894, Harvie E. Heitman's modern 16-stall livery stable and other projects.



Today, the Arvelee Apartments stand at First and Park on a portion of what was once the extensive Park property photo by Gerri Reaves



Thaddeus M. Park built this house, pictured circa 1898, for his wife Lulu S. Frierson in 1884. The people are unidentified, but are probably the Park family, Thaddeus and Lulu and daughters (oldest to youngest) Neva (Watson), Addie (King), Julia Isabel, and Mary Louise.

photo courtesy Florida State Archives

In 1884, he also built the house pictured in the circa-1898 photo, for his newly married wife, Lulu S. Frierson, whom he married in January 1884.

Frierson was a granddaughter of prominent pioneers Maj. Aaron Taylor and Mary Wall Frierson and had come to town about 1880 to live with them when she was 16.

Their house stood on First Street on a very deep lot, which roughly ran from Woodford Avenue east to Park Avenue and extended more than half the distance south to Second Street.

Also on that property were some of Park's citrus groves on a large swathe stretching from the First-Park corner south towards Second. He also owned large groves in Tice. (Poinsettia Avenue, originally called Washington, between Woodford and Park, did not exist at that time.)

The people in the photo are unidentified but likely are the Park family, two adults and four daughters, (oldest to youngest) Neva, Addie, Julia Isabel and Mary Louise.

The two-story house is a mix of town and country, typical of the time. Ornamental "gingerbread" touches combine with rural details such as a rather rustic fence and a water tower obscured by the slatted fence (left).

Thaddeus Park was civic-minded, serving both as a town councilman and as a member of the school board.

Daughter Julia became a history-maker too, teaming up with Alta Evans to form the long-lived ladies store, Evans & Park, on First Street and participating in progressive organizations such as the Business and Professional Women's Club.

In 1946-1947, the Arvelee Apartments were built on the former Park property, signaling the post-World War II boom in apartment developments.

The name plays on that of RV Lee, who built the apartments soon after he entered the real estate business after serving four terms as county tax collector.

Oddly enough, the apartment building has a longer history – seven decades – than the Park family home did.

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Fort Myers Native Serving Aboard Navy Destroyer

Cypress Lake High School graduate and Fort Myers, Florida native Zachary Bellows is serving in the U.S. Navy aboard the guided missile destroyer *USS Oscar Austin*.

Bellows is a seaman aboard the Arleigh Burke-class guided missile destroyer operating out of Norfolk, Virginia.

A Navy seaman is responsible for learning and building knowledge aboard the ship while preserving the ship's topside maintenance, driving the ship and performing duties during major evolutions like underway replenishments, small boat operations and flight quarters.

"I enjoy the hands-on activity and being able to be a part of a lot of different evolutions," said Bellows.

Commissioned in August of 2000, *USS Oscar Austin* measures approximately 500 feet and is powered by four gas turbines that allow the destroyer to achieve over 30 mph in open seas. Destroyers are tactical multi-mission surface combatants capable of conducting anti-air warfare, anti-submarine warfare and anti-surface warfare, as well as humanitarian assistance.

Fast, maneuverable and technically advanced, destroyers provide the required warfighting expertise and operational flexibility to execute any tasking overseas.

"As *Oscar Austin* continues pre-deployment training, I am proud of the path that we are on to achieving certification excellence in our mission areas in support of our upcoming deployment," said Cmdr. Janice Smith. "I am proud of our sailors' dedication to getting the job done and their resiliency in overcoming adversity to achieve success. We pride ourselves on being the best destroyer in the fleet and every sailor on board contributes to making *Oscar Austin* 'Ready to Fight.'"

With a crew of over 300 sailors, jobs are highly specialized and keep each part of the destroyer running smoothly, according to Navy officials. The jobs range from washing dishes and preparing meals to maintaining engines and handling weaponry.

"I feel like our leadership is very trustworthy especially our commanding officer and executive officer," said Bellows. "I respect them and think they are doing a great job with the *Oscar Austin*."

Challenging living conditions build strong fellowship among the crew, Navy officials explained. The crew is highly motivated, and quickly adapt to changing conditions. It is a busy life of specialized work, watches, and drills.

"Serving in the Navy means a doorway to a lot more," said Bellows. "I had never thought of going to college or anything like that so the Navy has opened doors for me."✱



Zachary Bellows on *USS Oscar Austin*

photo courtesy Navy Outreach



Lee County Clerk of Court Linda Doggett and staff accepting the 2015-16 recognition plaque from United Way Campaign Manager Megan Fasig

photo courtesy Lee County Clerk of Court's Office

Clerk Of Court Supports United Way

The Lee County Clerk of Court's office has been long-time supporters of United Way of Lee, Hendry, Glades and Okeechobee. In fact, the clerk's office has contributed \$263,620 since 2007 through payroll deductions, fundraisers and events.✱

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Children Sought For Auditions

Broadway Palm is holding open auditions for children ages 7 to 13 at its 1380 Colonial Boulevard (Fort Myers) location on Saturday, September 3 at 10 a.m. Auditions are on a first-come, first-served basis, with a sign-up sheet available at 9 a.m. No appointments will be taken.

The following roles are available:

- For *Evita*, rehearsals run September 29 through October 12, with the play opening October 13 and continuing until November 19. The theater is casting roles for a boys and girls ensemble. Children must be between ages 7 to 12, five feet tall and under, and sing well. No dance is required.

- For *White Christmas*, rehearsals run November 10 through November 23. The play is from November 24 until December 25. Actors must be available on Thanksgiving and Christmas days. Broadway Palm is looking to cast the role of Susan Waverly. Girls must be between ages 9 to 13 and under five feet tall, with high energy and an outstanding stage presence. A big-belt voice and ability to move well is also necessary.

Those interested in auditioning should bring a current headshot/picture and a theatrical/musical resume. Be prepared to sing 16 bars that best show off your vocal range. Bring sheet music in the proper key. An accompanist will be provided; no recorded music is accepted. Songs should be in the musical theater genre.

Broadway Palm is a professional theater. Productions require a two-week rehearsal process with rehearsals daily. Anyone interested must be available for the two-week rehearsal process and all performances. Performances are Tuesday through Sunday evenings, with selected matinees on Tuesday, Wednesday, Thursday, Saturday or Sunday. The theater will try to work around school hours. All children's roles are double cast and will alternate performances.

For more information, visit BroadwayPalm.com or call 278-4422.✱

Gun Debate Is The Focus Of New Play

Theatre Conspiracy is presenting *The Gun Show*, a new solo play by EM Lewis. The show received rave reviews and played extended runs in its two previous productions in Chicago and Los Angeles.

In *The Gun Show*, Miguel Cintron plays a surprising character who lays bare Americans' complicated, contradictory feelings about guns, with a unique perspective that upends common criticisms from the opposite poles of the American political spectrum.

The Gun Show previews on Wednesday, September 7 and opens on Thursday, September 8 at the Foulds Theatre in the Alliance for the Arts. Theatre Conspiracy's Producing Artistic Director Bill Taylor will direct the show.

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Alliance Exhibit

cubism. An interest in the effects of light assumed a central importance in his work. He often stated, "I am a painter of light. I'm intrigued and fascinated with form. To me, there are two worlds... the one we live in... and the one that I create. Painting is the discipline by which I constantly rediscover both of these worlds."

Remembering Carl: Works from 1956-2014 will be on display from September 9 to 30. Paintings by Celeste Borah will be displayed in the Member Gallery. Visit www.ArtInLee.org to learn more. The exhibit is sponsored by The Law Offices of Thomas C. Chase, PA.

The Alliance for the Arts is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers. It is open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays.✱



Painting by Celeste Borah

image courtesy Alliance for the Arts

In five true stories that range from humorous and touching to harrowing and heartbreaking, *The Gun Show* makes audiences on either side of the aisle realize there are no easy answers in the gun debate. "We have a problem with guns in America," Lewis writes. "The problem is, we really, really like them." In stories ranging from a nostalgic look at growing up in rural Oregon – where having a gun around the house is as normal as anything and learning to shoot is a familiar rite of

passage – to life-changing episodes of gun violence, Lewis offers an unflinching look down the barrel at the America we live in today.

Performances are September 7 to 17, on Thursday, Friday and Saturdays at 8 p.m., with one Sunday matinee at 2 p.m. on September 18.

Tickets for the preview performance are \$15. All other performances are \$24 or \$11 for students with proper ID. Thursday nights are "buy one get one half off." For tickets, call 936-3239 or purchase online at www.theatreconspiracy.org. Season subscription packages are also available.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.✱

Democratic Women To Meet

The Democratic Women's Club (DWC) of Lee County will hold its monthly membership meeting at the Quality Life Center of Fort Myers on Saturday, September 10 at 10:30 a.m. Beverages will be served.

The speaker will be Roxanne Wendling, foundation administrator of the Guardian ad Litem Foundation, 20th Judicial Circuit.

Hailing from Western New York state, Wendling has worked in public relations and teaching roles with Chautauqua Institution, the Chautauqua County Humane Society, Jamestown Community College and, most recently, as the executive director of the Western Kentucky American Red Cross.

With the GAL-20 Foundation, Wendling will work closely with the foundation's board of directors to expand the presence of GAL.

Members wishing to lunch after the meeting will gather at the Oasis Restaurant, 2260 Martin Luther King Boulevard, at 12:30 p.m.

Quality Life Center of Fort Myers is located at 3210 Dr. Martin Luther King, Jr. Boulevard. The main entrance and parking is located on Cuba Street.✱

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Sep 15 Gulfshore Trio

at 7:30pm. This ensemble is well-known throughout the area for presenting an appealing and diversified repertoire – from the chamber



Masterworks of Mozart to music on the lighter side. Enjoy this evening with the Gulfshore Trio, comprised of accomplished violinist Reiko Niiya; concert pianist William Dawson, soloist with the Boston Pops and various other orchestras;

and phenomenal young cellist Shea Kole. **Tickets are \$20 online at www.shellpoint.org/concerts, or call (239) 454-2067.**

**Sep 20
Boost Your Electoral
Knowledge**

at 10am. While many know that the U.S. president is actually chosen indirectly by an Electoral College, most know very little about this body. This lecture reveals the secrets of the Electoral College, including who its members are, how they are chosen, and



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what they do. Explore other complicated features of the U.S. and Florida electoral systems, including primaries, conventions, and single and multi-member districts. **Tickets are \$10.* Call (239) 489-8472 to reserve your place.**

**Sep 21
The Changing Face
of Nature at 10am**



Critically acclaimed Sanibel author Charles Sobczak will provide a thoroughly entertaining, beautifully illustrated discussion on numerous birds, reptiles, and mammals that thrive throughout Southwest Florida. The author of three award-winning nature guides will describe how wildlife has found habitat in the least likely places, including accidental preserves like the Venice Audubon Rookery, Harn's Marsh, and more. **\$10 tickets are required* in advance by calling (239) 489-8472.**



**Sep 22 & 27
Ancient Persia
and Alexander,
2 Sessions**

at 4:30pm. The Persian Empire dominated the western world for 200 years before Alexander

became the king of Macedon and Greece. Learn how Alexander crossed the Hellespont and challenged the might of the unconquered Persian Empire. To this day, he is considered to be the greatest military genius and leader the world has seen. Join Professor Adrian Kerr for this two-part lecture series. **Tickets for this class are \$10 each session.* Call (239) 489-8472 to reserve your place.**

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FREE Sep 30

Trinkets & Treasures Sale from 9am to 3pm in the Grand Cypress Room in The Woodlands Commons at Shell Point. Don't miss this eclectic shopping event, featuring a collection of interesting treasures sold by Shell Point residents. From housewares to collectibles, this sale has it all! Find great deals on an incredible assortment of unique, previously used items. **Admission is free. Call (239) 454-2057 for more details.**



**If you are unable to attend a class that includes a fee, kindly give 24 hours notice to receive a refund.*

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**Visit www.shellpoint.org/events
for full listings of this month's events!**

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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OBITUARY



PAUL F. MCCARTHY

Paul Francis McCarthy, 63, died of natural causes on August 23, 2016 on Captiva. Paul was an acclaimed business leader, attorney, environmentalist and world traveler. He is survived by his mother, Eleanor McCarthy of Hingham, Massachusetts, siblings Michael (Maryellen) McCarthy of Hingham, Massachusetts, Maureen (Jack) Ghublikian of New Seabury,

Massachusetts and Jack (Cathy) McCarthy of Sudbury, Massachusetts as well as nine nieces and nephews and nine grand nieces and nephews. He also leaves behind his close-knit family at Captiva Cruises along with many devoted friends around the world who counted him as family.

Born and raised in Boston, Paul graduated from St. Gregory's Grammar

School and the Boston Latin School, earned an undergraduate degree from Stonehill College as well as an MBA and law degree from the University of Notre Dame, and a masters of public administration from the Kennedy School of Government at Harvard University.

Originally a corporate attorney at Sidley & Austin in Chicago, a career change into the boat and tourism business inspired the first architectural tours of Chicago from the water. Launching Chicago from the Lake, Paul embraced the boating, special events and hospitality business full-time. Winter weather led him to Florida, where he founded Captiva Cruises in 1986 to craft excursions to the nearby waterways and barrier islands. In 1991, Paul moved to Captiva full time, built McCarthy's Marina and became a leader in the community, serving on the boards of the Sanibel-Captiva Conservation Foundation, the Sanibel & Captiva Islands Chamber of Commerce, the Captiva Island Historical Society and the Captiva Civic Association.

Paul has left a rich and full legacy of stewardship and ecotourism embodied in Captiva Cruises to respect and appreciate the natural beauty of Southwest Florida. In 2013, he was honored as the Businessperson of the year by the Sanibel & Captiva Islands Chamber of Commerce. In 2014, he received the Junonia Award and the Chrysalis Award for Eco-Innovation in 2016. Both are prestigious awards

sponsored by the Lee County Visitor & Convention Bureau and the Greater Fort Myers Chamber of Commerce.

Paul had many varied interests and experiences, including six months of service in the White House as executive director of the America's Millennium initiative, culminating in the nation's New Year's Y2K Millennium celebration. He also served as executive director of Earth Day 2000 at the United Nations in New York. He recently completed a highly successful term as commodore of the Captiva Island Yacht Club, where he led many excursions, including visits to the America's Cup in San Francisco as well as Newport, Rhode Island and Havana, Cuba. Paul enjoyed skiing in Telluride and vacations on Martha's Vineyard.

Paul had a generous spirit and a zest for life. He loved to share his laughter and passion with everyone who touched his life.

A wake will be held on Friday, September 9 at the Dolan Funeral Home in East Milton, Massachusetts, followed by a funeral mass on September 10 at St. Gregory Parish Church in Dorchester, Massachusetts. A celebration of Paul's life will also be held on Captiva in early December; details will be forthcoming.

In lieu of flowers, donations may be made to the Sanibel-Captiva Conservation Foundation, the Captiva Island Historical Society, the Barbara Sumwalt Museum and the Epilepsy Foundation. ✨

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From page 2

Park House

Walk down to First and Park and ponder the pioneer history that motorists speed by on their way to the north-bound Edison Bridge.

Then explore more local history at the following venues. The Southwest Florida Historical Society's research center is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit swflhistoricalsociety.org

for more information.

Check out the Lee County Black History Society research center at 1936 Henderson Avenue and the nearby Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For information, call 332-8778 or visit leecountyblackhistorysociety.org.

Stay tuned to the website of downtown's Southwest Florida Museum of History for the post-renovation reopening date: museumofhistory.org.

Sources: Archives of the Southwest Florida Historical Society and *The Story of Fort Myers* by Karl H. Grismer. ✨

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CONRIC PR & Marketing's Rick Williams, Connie Ramos-Williams, Josh Milton, Mel Thomas and Breanna Rigg photo courtesy CONRIC PR & Marketing

Marketing Firm Earns Three State Public Relations Awards

CONRIC PR & Marketing recently won three state awards for excellence in public relations at the Florida Public Relation Association (FPRA) 59th Golden Image Award ceremony, held at Innisbrook Resort in Palm Harbor.

CONRIC received a Judges' Award and a Golden Image Award for the Culligan City of Palms Classic online newsletter.

A Judges' Award was given for CONRIC's community relations program that promoted the Imaginarium Science Center's Imagine Gala, held on March 21, 2015.

The statewide FPRA Golden Image Awards ceremony takes place following regional Image Awards competitions. CONRIC took home two regional Image Awards from the Southwest Florida chapter this spring for excellence in its public relations work on behalf of two of its clients.

"Our CONRIC team is truly honored to accept these awards in recognition of the creative work we provide our clients," said Connie Ramos-Williams.✱

Celebrity Chef Night Raises Over \$150,000 For Cancer Fund



Caliah Russell, left, and Avery McCaskill, right, with local celebrity chefs

photo courtesy LMHS

The 13th annual Rumrunners Celebrity Chef Night held on August 17 raised more than \$153,000 for Barbara's Friends – Golisano Children's Hospital Cancer Fund.

With 260 people in attendance, the evening featured live and silent auctions, a Champagne toast, drawings, as well as cocktails and cuisine from six local celebrity chefs from Rumrunners, Harold's, Norman Love Confections, Crave Culinaire, Bay Colony Golf Club and Trabue. The highest bids included \$9,000 for four VIP tickets to see AC/DC at one of their final tour concerts and two \$8,000 bids for a Rumrunners private dinner for eight.

Since 2003, the Rumrunners Celebrity Chef Night event has raised more than \$1 million for Barbara's Friends – Golisano Children's Hospital Cancer Fund.✱

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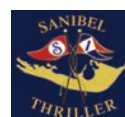
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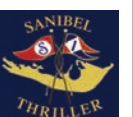
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Along The River

Fort Myers **ArtWalk** returns to the **downtown Fort Myers** area this Friday, September 2 from 6 to 10 p.m. and Saturday, September 3 from 11 a.m. to 4 p.m.

The monthly rain-or-shine art festival that falls on the first Friday and Saturday of each month features new art exhibits within the River District art galleries. Art enthusiasts can “Meet the Artists” at most of the art galleries and enjoy live art demonstrations. A bevy of street art vendors will be featured at the September Art Walk on Friday night.

Festival goers will meet the artists and talk art on Friday night. The free, self-guided public art gathering brings together art lovers and community friends to celebrate the arts each month. During ArtWalk, First Street will be closed to traffic; local artists will be set up in the street selling their art. There will be face painting at several locations on First Street and at the Broadway and First Street intersection while the Fort Myers Art League will be hosting a Make It/Take It table for children of all ages.

Saturday’s ArtWalk will be a quieter walk with most of the galleries open to peruse at a more leisurely pace.

Fort Myers ArtWalk spans the core of Downtown Fort Myers and includes the Gardener’s Park area and West First Street. Most of the action is located on First Street; an ArtWalk map will direct you to all the art venues and ArtWalk partners. Enjoy cultural venues,



Bootleggers Alley Gallery is one of 14 galleries featured during ArtWalk

photo courtesy Arts for ACT

restaurants, bars and businesses, plus live music. Watch live art demos on First Street, sample food, shop the unique local boutiques or just enjoy the atmosphere.

During the September ArtWalk, featured exhibits include: American Legion Veterans Gallery showing art done by veterans on Jackson Street; Art League of Fort Myers with new exhibits each month on Monroe Street and a family crafts table with make it/take it items for the ArtWalk children of all ages; Arts for ACT Gallery that features three or more art exhibits every month plus co-op members art on First Street; Bootlegger Alley Gallery with outdoor gallery open only during Art Walk on First Street in the Patio de Leon; Grand Illusion Gallery with art, T-shirts and more at First Street across from the Fort Myers Library; Marc Harris Wildlife Photography, held on Lee Street close to Bay Street; Miville Art Gallery with art, photography and in the Franklin Shops on First Street; Ollie Mack Gentry Photography with photography at 2180 West First Street; Reverie & Rock Art Gallery with concert photography and surrealistic digital art on Jackson Street; Sidney & Berne Davis Art Center featuring Cesar Aquilera in the Main Gallery Exhibit; The Barrel Room with jazz art held on Bay Street; Timeless Gallery with gallery and gift shop featuring steampunk art and more on First Street; and Two Newts Gallery featuring a co-op gallery located off West First Street at 2064 Bayside Parkway.

For more information, visit www.fortmyersriverdistrictalliance.com. To become a volunteer, partner or sponsor of Fort Myers ArtWalk, contact Claudia Goode via cgoode@actabuse.com.

Follow online at www.fortmyersartwalk.com or on Facebook at [Facebook.com/fortmyersartwalk](https://www.facebook.com/fortmyersartwalk).

A featured gallery during ArtWalk on Friday, September 2 is **Arts for ACT**

Gallery, located at 2265 First Street in downtown Fort Myers. There will be an **opening reception** featuring Eileen MaGrath, Kathy Kuser and Stacey Brown.

MaGrath is a local multi-media artist as well as a visual stylist for Clive Daniel Home. She holds a fashion merchandising degree from Newbury College and attended the Massachusetts College of Art. She is a member of the Art League of Bonita Springs and a member of the Naples Art Association. MaGrath creates hand-painted clothing and shoes as well as paintings and other creative things. She does custom artwork, murals and specialty and faux finishes on interiors and furniture. Her abstract art is bold and graphic with a strong sense of color.

Using her skills as a graphic designer and magazine publisher, Kuser creates 2D/3D digital surrealism. Through a mystical and fantasy driven vision, a story emerges from her canvas. The artwork can include 70 to 700 digital layers, utilizing stark details with transitional blending. She is the co-owner of Happenings Magazine, Lee County Family News and Reverie & Rock Art Gallery. With her art, Kuser wants to bring a fresh and contemporary twist to a long-established medium: surrealism. She uses stark details with transitional blending; thus her art takes flight. Digital art is an artistic work or practice that uses digital technology as an essential part of the creative or presentation process. Digital art brings together art, technology, math and science. It requires a creative spirit and the knowledge of art, design and computers: Kuser has all of that and more.

Brown is an artist working in mixed media and collage, paint, drawing media, photography, jewelry design, furniture painting, raku pottery and encaustic. In her other life, she is a psychotherapist in private practice and the mother of three daughters. As a therapist and educator, Brown integrates art and the creative spirit into her lessons and counseling. She has offered workshops and classes helping people to find a personal and playful approach to art-making.

This exhibit continues through Monday, October 3

The first Saturday of every month marks **Lakes Park Walking Tour** at 8 a.m.

The easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Tours are free with paid parking. Parking is \$1 per hours or \$5 all day. You are encouraged to wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars.

Lakes Park is located at 7330 Gladiolus Drive in Fort Myers. Interested participants are asked to meet at shelter A7, which is near the train station at the furthest parking lot towards the right side of the park.*

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COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.



From left, executive chef Scott Swamba and general manager Marcus Preece of Il Cielo

1520 Broadway #106, Fort Myers. Call 334-6991.

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old

world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two

worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

SAKURA RESTAURANT

Sakura Chinatown Chinese and Japanese Restaurant is located within the Kmart Plaza in the Iona-McGregor area at 15271 McGregor Blvd suite 24 in Fort Myers. The restaurant offers both Chinese and Japanese cuisine and is open from 11 a.m. to 10 p.m. Tuesday through Sunday. Dine in or pick up. Delivery is available within a four-mile radius. Call 332-0888.✪

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)
2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH
10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH
8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD
16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX
5020 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH
2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE PRESBYTERIAN CHURCH
8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST
2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH
Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION
5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

IONA-HOPE EPISCOPAL CONGREGATION
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH
881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m.

Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarkmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH
3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE CATHOLIC CHURCH
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH
3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE
16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS
11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH (PCA)
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

WORD OF LIFE CHURCH
2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org✪



Family, friends and supporters came out for a night of Bingo for a good cause
photo courtesy Stretch It Out Enterprise

Bingo Night Raises Funds For Family Dealing With Breast Cancer

Stretch It Out Enterprise partnered with Keller Williams Fort Myers & The Islands to raise money for a local realtor and family dealing with the aftermath of breast cancer treatment. They held an evening of Bingo, which included dinner from Jordan Webster's Catering, games, prizes, vendor raffles, music, over 25 vendor tables and cash bar. The evening was a success with over 200 guests and over \$5,000 raised, which will be presented to the family.✱

Learn To Cook With Wine

Back by popular demand, chef Warren Caterson returns to the Fort Myers Regional Library on Monday, September 19 at 6:30 p.m. to demystify the secrets of wine in cooking.

What's the best way to use wine in cooking? Which one should you use? How much and when to add it? Chef Warren simplifies the process. See how easily it's done, then sample the final results.

There is no charge to attend the demonstration. To reserve your seat, call 479-4636.

The Fort Myers Regional Library is located at 2450 First Street. Hours are Monday through Wednesday from 9 a.m. to 8 p.m.; Thursday from 9 a.m. to 6 p.m.; Friday and Saturday from 9 a.m. to 5 p.m.; closed Sundays.

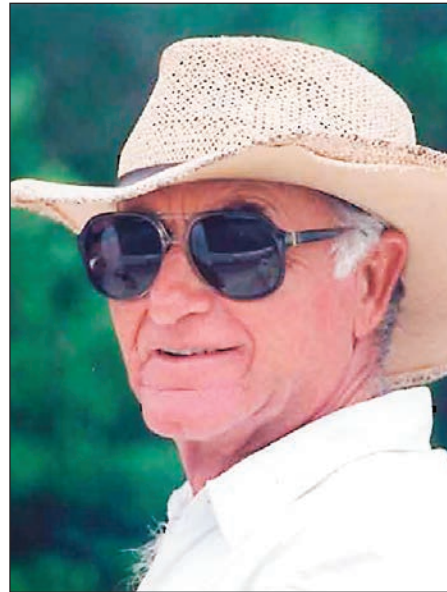
Sponsored by the Friends of the Fort Myers Library.✱



Warren Caterson

photo courtesy Fort Myers Regional Library

OBITUARY



ROBERT SABATINO

Robert Sabatino of Sanibel, Florida passed away with his loving family by his side on Wednesday, August 24, 2016 following some recent health challenges. He was 80 years old.

Robert was born on December 29, 1935 in New York City, the son of proud parents Sylvia (Farber) and Leonard Sabatino. He was a veteran of the United States Coast Guard who later became a Merchant Marine Certified Captain. For many years, he was a motor vessel operator and fishing guide on Sanibel Island, Florida. This was a labor of love he continued to enjoy until an age when most people had retired. He leaves behind his loving children, Ronnie and Sherry Sabatino.

The family is currently planning a memorial service to take place on the island for a date in September. More information will be announced at a later date.

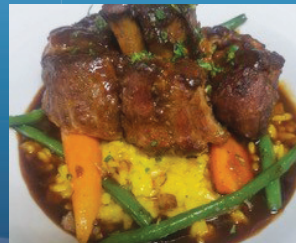
To share a story, leave a tribute or to offer condolences to the family at this difficult time, visit Robert's memorial webpage at www.fortmyersmemorial.com and sign his guestbook.

To send flowers or a memorial gift to the family, visit <http://www.fortmyersmemorial.com/obituaries/Robert-Sabatino/#1/Obituary>.✱

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Snook Season Is Now Open



by Capt. Matt Mitchell

The opening day of snook season for the west coast of Florida begins Thursday, September 1. The opening few days always fall right around the Labor

Day holiday, which puts lots of pressure on this fishery for at least the first week of season. After the first week is over, things on the water will quickly get back to the normal slower pace of summer. The same way hunters eagerly await the opening day of deer or duck season, snook fishermen get that same rush going after that first keeper-sized snook of season. The one advantage fishing offers, though, is you enjoy doing battle with that legal-sized fish and then release it unharmed if you choose.

For months now we have had good numbers of snook of all sizes spread out

from the beaches all the way to the back country. New moon tides during the first few days of season will offer anglers a lots of opportunities on a variety of tides to catch snook. The tide chart for the first few days of September shows the end of either falling tide – both the one at sunset and one at sunrise – look like prime time to be in a pass, soaking or drifting a large live bait to get it done. Lots of snook will be caught the opening week, but getting one that measures in the five-inch legal slot size can prove to be tougher.

Mangrove snapper continued to be a really strong bite again this whole week. While experiencing far-from-perfect redfish tides, they were my go-to species both for clients looking for fast paced action and fillets to take home. On most of my trips when targeting these snapper, I have been running a little further than usual up to the northern end of the sound to consistently catch the larger ones. The 1/2-hour boat ride north seemed to always pay off with my anglers often getting the five fish a piece limit usually at the first stop. I really enjoy to start a trip getting dinner out of the way and taking the pressure off to go chase after a variety of other species.

Deeper mangrove creeks in the southern sound with good moving current



Paul Salassa from Pennsylvania with a slot snook caught last snook season with Capt Matt Mitchell

also held some 12-inch-plus snappers but they were just not as plentiful as they have been at the northern end of the sound. Live shiners are still the key to catching these snapper no matter where you chose to fish and having enough to be able to live chum really gets them fired up and eating. The average-sized mangrove snapper caught this week was right around 12 inches with a few in the mix pushing up to as large as 16 inches. While fishing with some long-time clients one trip this week, we only targeted

mangrove snapper and made the best of this non-stop bite by downsizing our tackle to ultra light spinning gear. These hard-fighting mangrove snapper were so sporty and just a real handful on the light gear.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✪

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Plant Smart

Cuban Pink Trumpet Tree

by Gerri Reaves

Cuban pink trumpet tree (*Tabebuia pallida*) is one of several species commonly called Tabebuias or simply "tabs." About a hundred species of these trees with trumpet-like flowers dot the South Florida landscape.

There has been some reclassification of tabs, so you might see this species referred to by another scientific name.

This Cuban pink trumpet is a native of the West Indies, a relative of the jacaranda tree, and a member of the bignonia family.

Mixed among its leaves appear pale pink to white flowers with yellow centers. Delicate and somewhat frilled in appearance, they are about three inches long.

Perhaps those flowers and the tree's relatively small size account for its wide used in South Florida's urban areas.

The dark green compound leaves are made up of whorls of three to five elliptical or oblong leaflets up to eight inches long.

Deeply fissured bark makes it a good growing platform for certain air plants.

The fruit is a long slender capsule that opens to reveal many wafer-like winged seeds that easily disperse on the air. So plentiful are the seeds that at first glance, they might resemble the spilled contents of a paper shredder.

Although it grows best in full sun, it is



Non-native Cuban pink trumpet is a popular urban landscape tree in South Florida

photos by Gerri Reaves

also suitable for partial shade.

It tolerates a variety of soils and conditions and reaches a height of 30 to 40 feet. On the less rosy side, this tree is often a victim of thrips, which curl and distort the leaves.

And, although it does have ornamental



The winged seeds in the long pods, perhaps the tree's most interesting feature, "litter" the landscape when released

value, the brittle wood is not wind or storm resistant.

When choosing trees for your landscape, consider planting native species, such as Geiger (*Cordia sebestena*), lignum vitae (*Guaiacum sanctum*), sweetbay magnolia (*Magnolia virginiana*) or sweet acacia (*Acacia farnesiana*), just to name a few.

These low-maintenance trees not only have lovely flowers but provide benefits for wildlife and have evolved to withstand Florida's tropical-storm winds.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, gardening.solutions.ifas.ufl.edu, hear.org, and plantbook.org.

Plant Smart explores the diverse flora of South Florida. ❄



Delicate very pale pink to white flowers appear amid the leaves

Fishing Grants For Student Anglers

The Florida Fish and Wildlife Conservation Commission (FWC), along with its partners the Fishing League Worldwide Foundation and The Bass Federation's Student Angler Federation, have made \$500 Recreational Boating & Fishing Foundation grants available to saltwater teams and clubs in Florida.

This grant partnership encourages the creation and success of Florida high school fishing teams and clubs, with a particular emphasis placed on establishing new high school angling teams and supporting existing ones in schools with diverse student populations. The grants were originally

only available to freshwater student anglers, but are now also available to saltwater student anglers.

The program will provide grants of up to \$500 per club or team to assist with expenses related to fishing team or club-sponsored tournaments, team jerseys, insurance, and education for novice anglers. Supported teams and clubs will also partner with the FWC, FLW Foundation and The Bass Federation to complete a conservation project. The program not only benefits students, but program participants and their families will receive education on conservation programs, aquatic and marine biology, and boating and angler safety.

High school fishing teams and clubs do not have to be comprised of students from a single school. Students from

several schools may come together to form a team or club, and fishing is one of the few sports where both male and female students can compete on the same team, at the same level.

To date, there have been 10 high school fishing grants awarded. There is still ample grant funding available, so interested parties are encouraged to apply before September 15 for consideration. Online applications should be submitted at www.flwfishing.com/foundation.

For more information about this program, email Amber Nabors at Amber.Nabors@MyFWC.com. For more information about the Fishing League Worldwide Foundation, go to www.flwfishing.com. For information about The Bass Federation's Student Angler Federation, go to www.highschoolfishing.org. Information on the Recreational Boating & Fishing Foundation is available at www.takemefishing.org, select "Corporate" at the bottom of the page. ❄



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Fort Myers Police Foundation Golf Tournament



Larry Romano

photo courtesy FMPD

place on Monday, September 26 at Colonial Country Club.

Romano passed away suddenly in July at the age of 75.

After retiring to Fort Myers, Romano helped start the Fort Myers Police Foundation in 2014. Romano helped establish a similar foundation in his hometown of Buffalo, New York.

"Larry wasn't a talker; he was a doer," said FMPF board member Paul Fratello. "We look forward to continuing his legacy of 'doing' through the ongoing fundraising work of the Fort Myers Police Foundation on behalf of the FMPD."

In its third year, the tournament raises funds to purchase life-saving equipment for the Fort Myers Police Department. Since its formation, the foundation has raised \$150,000 that has helped purchase medical kits for patrol cars, ballistic shields, electronic ear protection for shooting ranges, a firearms training simulator and other equipment.

Tournament registration begins at 10:30 a.m. followed by lunch at 11:30 a.m. and a shotgun start at 12:30 p.m. The tournament will be followed by a cocktail hour at 5 p.m. and dinner at 6 p.m., with an awards presentation, silent auction and 50/50 raffle. There will also be a hole-in-one contest to win a two-year lease from Galeana Dodge.

The entry fee is \$200 per player and \$100 for a non-playing guest. Individual and corporate sponsorships range from \$1,500 to \$5,000. Program ads are also available for \$100 to \$250.

An annual golf tournament that raises funds to purchase life-saving equipment for the Fort Myers Police Department has been renamed in honor of one of its founding members who recently passed away.

The Larry J. Romano Memorial Golf Tournament to benefit the Fort Myers Police Foundation (FMPF) will take

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Reservations and sponsorships are now available by visiting www.fortmyerspolicefoundation.org or by calling 321-7740.*

Law And Order Ball Coming Soon

The annual Law and Order Ball will begin at 6 p.m. on Saturday, September 17 at Germain Arena in Estero. The awards dinner recognizes local law enforcement and celebrates their dedication and commitment to our community, with six agencies nominating those among their ranks who go above and beyond the call of duty.

So that all local law enforcement officers who wish to attend are able to

do so, Rotary Club of Fort Myers South is offering the Fund-A-Cop program. To participate and underwrite the cost of a ticket for a member of Lee County law enforcement, visit www.lawandorderball.org.

Regular tickets are also available on the website for \$150 per person or \$1,200 for a table of eight. The evening includes cocktails, hors d'oeuvres, dinner, a silent and live auction, entertainment and some surprises. All proceeds benefit the Rotary Club of Fort Myers South Foundation and Lee County law enforcement youth programs.

For information about in-kind donations and the many different sponsorship opportunities that are still available, visit www.lawandorderball.org or contact Lori Cook North at lori@eventfulinc.com.*

From page 1

Baseball Festival



Pitcher firing a fastball

photos courtesy Lee County Sports Development

families. Tickets for this inaugural event are now available to purchase and print via the event website, and are available for \$5 each at www.eventbrite.com and follow the link to the 14U PG Select Baseball Festival or to donate, visit www.classy.org/perfectgame.

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Sheriff Senior Safety Seminars

The Lee County Sheriff's Office continues its series of free senior safety education seminars through September 27, taking place at the UnitedHealthcare Medicare Store in the Daniels Crossing Shopping Center in Fort Myers.

Upcoming seminars include:

- Tuesday, September 13 at 10 a.m. – Sheriff's Office Traffic Unit will offer a seminar entitled Safety On The Road
- Tuesday, September 27 at 1 p.m. – A seminar entitled Social Security Benefits: Are Your Benefits Safe From Hackers? will be offered.

Attendees will also learn more about the various Sheriff's Office units and what they do to help protect and serve community members. Each presentation will be followed by a question-and-answer session. Light refreshments will be provided.

For more information or to register, call 561-9142.*

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CROW Case Of The Week:

Knight Anole



by Bob Petcher

The knight anole (*Anolis equestris*) is one of more than 5,000 species of lizard. It is more specifically related to the iguana family and is often mistakenly thought to be an iguana.

In fact, the knight anole is the largest species of anole, growing to somewhere between 13 to 20 inches in length.

Native to Cuba, the knight anole is an import to south Florida, mostly residing in Dade and Broward counties, but has made its way to the west coast of the state where the species is beginning to multiply due to reproduction. According to Sanibel-Captiva Conservation Foundation Wildlife Habitat Management Program Director Chris Lechowicz, the knight anole species was introduced to the islands after Hurricane Charley brought over debris in 2004.

One environmental drawback to the life of the knight anole is the winter temperatures of our region. Interestingly, when conditions dip close to or below freezing, the poor creature becomes semiconscious and drops from the tree canopies where they make their homes.

Diet-wise, anoles dine on insects as a juvenile and increase their consumption to fruit, geckos, spiders (even tarantulas),

other anoles and small birds and mammals when fully grown. In zoos, they are fed cockroaches.

The body of the knight anole is covered with small granular scales, while its snout is long and shaped like a wedge. One can usually distinguish between a male and a female by the male's pinkish dewlap that expands when excited or alarmed. When confronted by a foe, such as a snake, the dewlap protrudes as does his head crest and serrated upper edge of its tail. Then, he strangely shifts sideways to his rival and turns bright green.

This cold-blooded reptile has an aggressive nature and is territorially to the point that it may become hostile when approached in its domain. Other defensive mechanisms not mentioned include puffing itself up with air when threatened or in belief that it is being threatened. This behavior does lessen in captivity.

At CROW, a knight anole recently became a new addition to the invasive species exhibit in the visitor education center. The Sanibel-Captiva Conservation Foundation delivered the anole to CROW after it was discovered by a permittee with the SCCF sea turtle monitoring program. The knight anole joins two tokay geckos and a cane toad in the invasive species exhibit.

According to the University of Florida's Institute of Food and Agricultural Sciences Extension, invasive species are a serious threat in Florida.

"Due to the negative impacts invasive species (as a whole) have on a delicate ecosystem like Southwest Florida, CROW will begin to offer public presentations



The knight anole is part of CROW's invasive species exhibit

photo by Kenny Howell

about invasives this upcoming season," said CROW Education Coordinator Rachel Rainbolt. "Programs are hosted in the education center and will include a brief history of their introduction to the area, general identification to distinguish invasive species from native species and conclude with monitored encounters of live specimens."

Through December 31, CROW's Visitor Education Center is open Monday through Friday from 10 a.m. to 4 p.m. The center will be closed Monday, September 5 through Friday, September 9 for fall cleaning. It will reopen on

Monday, September 12. The wildlife hospital will remain open during this period from 8 a.m. to 5 p.m. seven days a week to treat and care for sick and injured wildlife.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.

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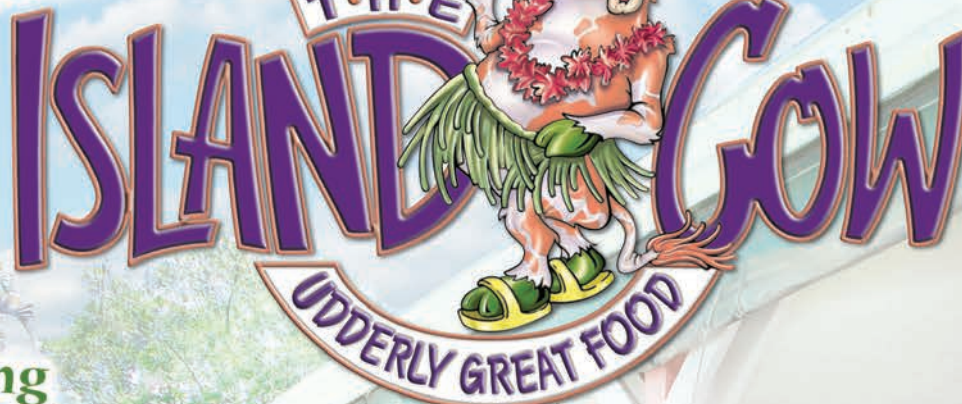
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Chamber Hosts Events To Meet The Candidates



Ken Dobson, Sharon Harrington and Chauncey Goss
photos courtesy Above Board Chamber

The Above Board Chamber presented two Face the Candidates events. One was held on August 8 at the Hilton Naples and one was held on August 11 at Harborside Event Center in Fort Myers. Attendees were given the opportunity to spend time with candidates running for school board, supervisor of elections, county commission, sheriff and other positions.*



Blair DeMinico, Dr. Derrick Donnell, Alina Gonzalez and Linda Fiore



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Chorale To Hold Auditions

The Symphonic Chorale of Southwest Florida is holding auditions for the 2016-17 season. Auditions will be held on two Tuesday evenings (September 6 and 13) from 5 to 9 p.m. at Lamb of God Church, 19691 Cypress View Drive in Fort Myers. Auditions will be conducted by Dr. Trent Brown, artistic director of the Symphonic Chorale of Southwest Florida and associate professor of music at Florida Gulf Coast University, where he directs all choral ensembles and teaches courses in choral literature, conducting and secondary vocal methods.

Membership is by audition and chorale singers are made up of both volunteer choristers and a core of 12 singers who are paid for their services, making the symphonic chorale Southwest Florida's only professional core chorus, as defined by Chorus America.

The Symphonic Chorale is the resident chorus of the Southwest Florida Symphony Orchestra. Concerts featuring choral works are performed with the symphony at the Barbara B. Mann Performing Arts Center and at other locations in the Fort Myers area.

The season begins with a patriotic concert entitled American Tapestry, performed from November 18 to 20 in Fort Myers, Bonita Springs and Sanibel. A variety of seasonal concerts will be presented in December, beginning on Monday, December 12 at Shell Point Retirement Community and culminating on Saturday, December 17 at the Barbara B. Mann Performing Arts Center. The winter and spring will be just as active, with concerts that combine classical repertoire and newly commissioned pieces.

To register for an audition, visit www.symphonicchorale.org. Bring two pieces of prepared music; an accompanist will be provided. Sight-reading exercises will also be part of the audition.✱

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Rebound Season For Red Sox And Remarkable Season For Ortiz



by Ed Frank

We entered the final month of the 2016 Major League baseball season this week, and for the legions of Boston Red Sox faithful that populate our area, it has sure been a pleasant revival for their beloved team after a last-place finish in the American League Eastern Division a year ago – in fact, cellar-dwelling finishes three of the last four years.

The Red Sox started the week at 72-58 (.553) just two games out of first and holding a one-game lead in the American League wildcard chase. Compare that record to 2015 when Boston was 78-84 for the season (.481).

You may recall that during spring training this year, noted baseball writer and commentator Nick Cafardo spoke to a group at The Community House on Sanibel, at which time he said that not only would the Red Sox be markedly improved this year, but predicted a second-place division finish.

He sure appears right on the mark.

There are so many reasons for the major improvement of the Red Sox – hitting, pitching, fielding etc. – but none greater than the remarkable final year of future Hall of Famer David Ortiz. The 40-year-old “Big Papi” is having a season of the ages, truly an MVP season.

When he crushed his 31st home run last Sunday for the 534th in his career, he tied Jimmie Fox for 18th on the all-time homer list.

He leads the league in slugging percentage, doubles, is third in RBIs with 100, eighth in home runs and is fifth in batting with a .319 average.

“Why should he retire with a year like that?” is a question we hear repeatedly. Despite these astounding records, Ortiz hasn’t wavered in his decision to bow out at season’s end.

He began his Major League career with the Minnesota Twins (five seasons) and will conclude it in his 12th season with the Red Sox. His remarkable career records fill 14 pages in the Red Sox media guide.

It’s unlikely that Ortiz will end his career with the American League MVP Award – but there are many that believe he deserves it. Win it or not, Big Papi will long be remembered as one of the greatest to ever wear a Red Sox uniform.

As Boston slugs it out to return to postseason play, an interesting rumor has surfaced regarding an addition to the team when the rosters expand on September 1.

Last year, the Red Sox paid \$71.5 million to sign 19-year-old Cuban free-agent Yoan Moncada, an infielder. Moncada received half that amount, with Boston fined the additional \$35.7 million for exceeding the international signing pool.

This season, he has hit .299 with 14 home runs and 60 RBIs in 103 games between Double A Portland and Single A Salem. He also has stolen 44 bases.

In the past, the Red Sox have added a base-running specialist for the post-season. Some believe Moncada could fill that role this year.

Miracle Start Final Week Of Season Two Games Out

Losing two of three games last weekend to first-place Jupiter dimmed the playoff chances for the Fort Myers Miracle baseball team.

The Miracle began the week with a second-half season record of 33-30. They faced the Palm Beach Cardinals for three games on the road to begin the final week. Fort Myers ends the season at home this weekend at Hammond Stadium hosting Bradenton Thursday through Sunday.✱✱



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Charity Golf Tournament

The registration deadline for the inaugural Par-Tee for Tots charity golf tournament, benefiting Child Care of Southwest Florida, is Saturday, September 10.

The 18-hole tournament, scheduled for Friday, September 16 at West Bay Club, 4500 West Bay Boulevard in Estero, is presented by Brown & Brown Insurance. Check-in begins at 7:30 a.m., and a shotgun start at 9 a.m. kicks off this fundraiser that includes 100 percent of the proceeds going toward scholarships for low-income families.

Awards will be presented for: Closest to the Pin (men and women); Longest Drive (men and women); Hole-In-One; Low-Net Team; and Low-Gross Team.

A grab-and-go breakfast and buffet lunch will be served. A lucky winner will take home the pot in a 50/50 raffle.

Other major sponsors include: ABS Distributors, AV Air Pros, CIGNA, Florida Blue, LeeSar, Lee Memorial Health System Foundation and Pure and Tri Circle Pavers. Various levels of sponsorships are still available, ranging from \$5,000 Double Eagle Sponsor to \$150 Tee Sponsor.

Registration for single players and foursomes is \$125 per person. Visit ccswfl.org/ events for more information, or contact Lisa Tortora at lisat@ccswfl.org or 278-1002.✱✱

Building Industry Golf Tournament

The Lee Building Industry Association (Lee BIA) will host its Bricks & Sticks Golf Tournament on Saturday, September 24 at Miromar Golf and Country Club in Miromar Lakes. Registration begins at 7 a.m. and shotgun start for the four-person scramble begins at 8:30 a.m.

The Bricks & Sticks Golf Tournament will feature an Italian style lunch after play, free beers on the course, raffle prizes and golfer goodie bag. Golfers who register before September 9 will receive a discounted registration fee of \$125 and tournament shirt. After September 9, the registration fee is \$150 and no shirt is included.

For more information on registration or sponsorship opportunities, contact Carrie Witt at 936-5525 or carrie@bia.net. VIP team packages and great sponsorship opportunities are available.

Marketing sponsorship packages range from \$50 to over \$1,000. Sponsorship and event registration forms are available online at www.BIA.net.✱✱

SPORTS QUIZ

1. In 2015, Alex Rodriguez became the fourth major-league player to hit a home run as a teenager and as a 40-year-old. Name two of the other three to do it.
2. Name four of the six starting pitchers that the Pittsburgh Pirates used to win the 1971 World Series.
3. How many people have coached the Notre Dame football team for at least six seasons?
4. Five centers have averaged at least 12 points, 11 rebounds and five assists per game for an NBA season. Name four of them.
5. How many NHL All-Star Games has Pittsburgh Penguins star Sidney Crosby played in?
6. Who holds the record for most stages won in cycling’s Tour de France?
7. In 2015, Lydia Ko became the youngest player (18 years, 4 months) in women’s golf to win an LPGA major. Who had been the youngest?

ANSWERS

1. Ty Cobb, Gary Sheffield and Rusty Staub. 2. Dock Ellis, Bob Johnson, Steve Blass, Luke Walker, Nelson Briles and Bob Moose. 3. Seven – Knute Rockne (13 seasons), Lou Holtz (11), Frank Leahy (11), Ara Parseghian (11), Elmer Layden (seven), Dan Devine (six) and Brian Kelly (entering his seventh season). 4. Wilt Chamberlain, Kareem Abdul-Jabbar, Joakim Noah, Bill Russell and Bill Walton. 5. One, in 2007. 6. Belgium’s Eddy Merckx, with 34. 7. Morgan Pressel was 18 years, 10 months old when she won a major in 2007.



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United Mechanical, Inc. employees and family members volunteering at the JH Messina Center for a United Way Day of Caring photos courtesy United Way

Local Company Takes Part In United Way Day Of Caring

United Mechanical, Inc. employees and their families volunteered for a United Way Day of Caring project at the Joseph H. Messina Children's Center in Fort Myers. The group installed a drip watering system in the 11 raised garden beds that are planted and maintained by the children of the Messina Center who are ages 2 to 8. The Messina Center is one of Child Care of Southwest Florida's six early learning centers. Child Care of Southwest Florida is a United Way Partner Agency.

"Our community gardens are an important aspect of our Early Learning Program. Children are able to bring the indoor classroom outdoors," said Tammy Aronson, director of the JH Messina Children's Center. "They use the garden for math activities: counting, comparing, sorting, graphing, learning new vocabulary, social emotional development and more. Children that are engaged with their learning environment are active learners and lead their explorations through the facilitation of their teachers."

The vegetable gardens had been watered by hand for the past five years. Each class has its own garden bed, and the staff of the Messina Center taught the children about the newly installed drip watering system. The students liked the fact that a flag indicates when the water is on. Soon, the children will start planting the beds, nurture the plants, and then enjoy the harvest. The surplus will go to the children's families.

"So a watering system is much more than just water," Aronson added. "It opens up a whole world to explore. Today, we learned about water pressure and why it is important."

Mike Clark, president of United Mechanical, said of the project, "One of our main philosophies as a company has always been to give back to the community. So often though a financial donation is made, we don't always get to see firsthand the impact we have on the actual charities receiving the gifts. This project incorporated our professional skills and allowed our team to work together to complete something in a short period of time that will benefit the children for years to come. I don't think many people have had the opportunity to help out like that and see the project from start to finish."

The United Way's Day of Caring is a year-round program, coordinated by the United Way Volunteer Center which matches businesses' desires to help with the needs of the community. Many local groups and companies have participated such as Publix Super Markets, Busey Bank, Lee Memorial Health System, Cypress Cove at HealthPark and Comcast.

"This is a special project completed by very enthusiastic volunteers from United Mechanical," said Cliff Smith, president of the United Way of Lee, Hendry, Glades and Okeechobee. "We are deeply appreciative of the great help the volunteers have given to the Messina Center and Child Care of Southwest Florida. The gift of your time and skills will make a significant impact on the lives and education of the children at the Messina Center."

The United Way Volunteer Center connects individuals and companies to volunteer opportunities throughout our community. You can reach the United Way Volunteer Center by calling 433-2000 option 9 or by visiting www.unitedwaylee.org.✱



Volunteers working on drip lines for the raised garden beds

Tournament Proceeds Presented



Kraig Feighery of The First Tee of Lee County accepted the check from Rotary Club of Fort Myers members, from left, Kevin Kerton, David Kennedy and President Victoria Stephan photo courtesy Rotary Club of Fort Myers

Rotary Club of Fort Myers recently presented a check in the amount of \$5,702 to The First Tee of Lee County, the 2016 beneficiary of the annual charity golf tournament titled the Rotary Cup. The First Tee of Lee County seeks to impact the lives of young people by providing educational programs that build character, instill life-enhancing values and promote healthy choices through the game of golf.

Rotary Club of Fort Myers is the oldest and largest of the 54 rotary clubs in Southwest Florida. The history of The Rotary Cup goes back to 1934, and it has evolved to become a premier annual charity golf tournament in the region.

Rotary Club of Fort Myers President Victoria Stephan said, "Our club is proud of its rich history of service. The Rotary Cup is emblematic of that history, just like the royal palms the club planted along McGregor in 1922 as its first project. We're thrilled to support The First Tee, an organization that will help mold community-minded individuals, and even future Rotarians."

TriCircle Pavers was the title sponsor of the 2016 Rotary Cup, held at Heritage Palms Golf and Country Club on May 7. Planning is under way for the 2017 Rotary Cup. For more information, call 332-8158.✱

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Financial Focus

Investors Can Learn Much From Workers



by Jennifer Basey

Next week, we observe Labor Day, a celebration of the American worker. And there's a lot to celebrate, because our workers have accomplished great things and – in the process

– demonstrated a variety of impressive character traits, many of which also can be useful to investors.

For example:

• **Perseverance** – Have you ever read about an inventor who failed dozens of times before finally hitting on a winner? Or a scientist who studied the same problem for decades before discovering a revolutionary solution? All kinds of workers display this type of perseverance, in one form or another. As an investor, you, too, will need this “stick-to-itiveness” because you will face challenges. Markets will drop, individual investments may disappoint, tax laws may change, and so on. But if you're patient, and you follow a long-term strategy that's based on your needs, risk

tolerance and time horizon, you can overcome those obstacles that may be blocking progress toward your goals.

• **Inquisitiveness** – During your own work, you've probably found that you can improve your effectiveness simply by asking a few questions or otherwise learning a little more about your tasks at hand. As an investor, you'll also find that knowledge is power. The more you know about investing and investments, the better prepared you can be when making decisions. Sometimes, this knowledge can help you look past the so-called experts who are touting the “next hot stock.” Other times, your curiosity may lead you to find new opportunities. In any case, learn as much as you can, and if you work with a financial professional, ask questions – as many as necessary. The investment world is fascinating, and it can be complex. But it is also understandable to those who make the effort.

• **Flexibility** – When something isn't working, you may need to try another approach. Successful workers know this... and so do successful investors. Suppose, for example, you have been trying to boost your overall return by buying and selling investments. After a while, you may realize that such behavior is costly – in more ways than one. You will likely rack up fees and commissions, you may incur the highest rate of capital gains taxes (assessed on investments held less than one year), and you will be disrupting any cohesive

investment strategy you've established. Upon recognizing these problems, you could decide to “switch gears” and follow a long-term, “buy-and-hold” strategy. That's flexibility, and that's a great attribute for investors.

• **Vision** – Good workers have a clear picture of what they want to accomplish – and they know what they must do reach their goal. As an investor, you also need to establish a vision of where you want to go and how you can get there. So when contemplating your retirement, try to foresee the lifestyle you hope to lead – will you travel the world or stay close to home, pursuing your hobbies?

Then, use this vision to help guide your actions, such as increasing your contributions to your 401(k) or IRA, or changing the investment mix within these accounts.

Transferring what you learn from the working world to the investment arena can help make investing a less laborious – and potentially more enjoyable – process. So put that knowledge to good use.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

Local Firm Wins Four Public Relations Awards

Pushing The Envelope, Inc. (PTE), a local marketing communication firm was recently honored with four awards from the Florida Public Relations Association for public relations excellence. PTE won two Awards of Distinction and two Judges' Awards.

An Award of Distinction and a Judges' Award were received for the firm's annual food drive, CAN IT! Campaign. Another Award of Distinction was earned for the Douglas Stevens, MD marketing communication campaign from 2015, and a final Judges' Award was earned for work PTE completed on behalf of Scott Fischer Enterprises for their internal social media training.

An Award of Distinction highlights an outstanding public relations program. A Judges' Award is given for projects that return maximum value with minimal expense. As a part of the Golden Image Award program, these awards recognize excellence on the statewide level.

For more information about the local chapter, visit www.fpraswfl.org.*

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FGCU Offers First Time Supervisor Training Series

The Office of Continuing Education and Off-Campus Programs at Florida Gulf Coast University (FGCU) hosts a professional development series, First Time Supervisor Training, a comprehensive eight-session overview for professionals relatively new to leadership positions. The program takes place on Thursdays, from September 22 to November 10, from 1:30 to 4:30 p.m. at FGCU Atrium Executive Center, located at 8695 College Parkway in Fort Myers. The instructors are Robert Peterson and Geri McArdle.

Modules include:

- Leadership Strategies for the 21st Century
- Improving Your Communications Skills
- Managing the Problem Employee
- Developing the High Performance Work Team
- Conducting an Effective Performance Appraisal
- Conduct an Effective Interview/Resolving Conflict
- Managing Time/Delegation
- Motivation

Peterson served 20 years as a professor at Kent State University and is founder of an international consulting firm specializing in executive and

supervisory training and development programs, as well as identifying quality and process improvements for a variety of organizations. He earned a PhD in Organizational Development from Southern Illinois University, and an MBA and BS in Management from Emporia State University. He also holds certification as a Lean Six Sigma Master Black Belt.

McArdle is the managing director at Training Systems Institute in Reston, Virginia. She is an international trainer and just returned from working on-site at Saudi Arabian Oil Co. in Dhahran, Saudi Arabia, where she crafted curriculum for newly hired Saudi petroleum engineer professionals. She is the author of several publications for the Association of Talent Development, including her most recent book, *Managing Differences*. McArdle earned a PhD at Syracuse University in Management Sciences.

FGCU Continuing Education can also present First Time Supervisor Training on-site and customized to individual organizations based on your specifications.

For registration information, call 425-3270 or email continuinged@fgcu.edu, or go online at Upcoming FGCU Professional Development Programs at www.fgcu.edu/CEd/professional_development_programs.html.*



Mike Jung

Foundation Adds Board Members

The Southwest Florida Community Foundation recently added four new members to its board of trustees.

Mike Jung, Gail Markham, Dale Reiss and Jonathan Romine have each joined the nonprofit's board for a three-year term.

Jung was named president of the News-Press Media Group in August 2015. Prior to joining *The News-Press*, he held the same position with the *Idaho Statesman*, a McClatchy newspaper. Before joining the *Statesman*, Jung was the publisher at the *Santa Cruz Sentinel*. His newspaper career includes stints in the



Gail Markham

Bay Area, Akron, southern California and Florida with notable companies like Knight Ridder, McClatchy, Gannett and Media News. He is a graduate of San Jose State University and was awarded with a McCormick Fellowship. He is immediate past board chair for United Way and previously served on the board of directors for the Boise Metro Chamber, Idaho Business for Education, Idaho Shakespeare Festival and the Idaho Food Bank.

Markham is the founding partner of Markham Norton Mosteller Wright & Company, a public accounting and consulting firm. She is a Florida Supreme Court certified family civil mediator, certified financial planner, certified fraud examiner and is certified in financial forensics. She is the founder of the Lee County PACE Center for



Dale Reiss

photos courtesy SWFL Community Foundation

Girls, and was named a WGCU Maker for her contributions in Southwest Florida by WGCU and PBS in 2013, the 2011 Woman of the Year and 2010 Philanthropist of the Year by *Gulfshore Life Magazine*, and she was the recipient of the Fort Myers Chamber APEX Award in 2008.

Reiss brings insights gained in her more than 40 years of experience in organizational, financial, planning and management strategies and has advised public and private companies, corporations and financial institutions in all aspects of development, investment and finance. She has experience serving on public, private and nonprofit boards and in a wide variety of industry



Jonathan Romine

leadership roles. Reiss serves as a director, chair of the audit committee and member of the investment committee of iStar Financial, Inc.

Romine is co-owner of EnSite, Inc., a leading Florida-based design firm specializing in planning, landscape architecture, civil engineering, urban design, sustainability and graphic design. He has served as a board member and various other capacities for The Foundation for Lee County Public Schools, the Greater Fort Myers Chamber of Commerce, Rotary Club of Fort Myers South, FutureMakers Coalition, HealthyLee Steering Committee and currently serves as president of the board of directors of the Imaginarium Science Center.*

SalusCare Increases Crisis Unit Capacity

SalusCare recently announced that it has increased its Children's Crisis Unit capacity by four beds, allowing the not-for-profit community mental health and substance abuse treatment facility to serve 16 children at the Colonial Campus.

SalusCare's Children's Crisis Unit and Juvenile Addiction Receiving Facility (JARF), located at 10140 Deer Run Farms Road in Fort Myers, has seen an increase in admissions to the unit in seven of the last 12 months, prompting the agency to expand its capacity.

"We are in need of additional beds during peak census and high turnover days to accommodate the number of youth being admitted to the crisis unit," said Tina Sumo, senior assistant vice president of Acute Care Services. "Increasing our capacity will also help accommodate surrounding counties who have asked for assistance with their growing population of youth who are being admitted under the Baker Act."

Florida's Department of Children and Families fully supports SalusCare's plan to add beds, writing that the "increase from 12 to 16 beds will provide additional capacity in the acute care system to meet increasing demand for crisis stabilization beds."

For more information about SalusCare services, visit www.SalusCareFlorida.org or call 275-3222.*

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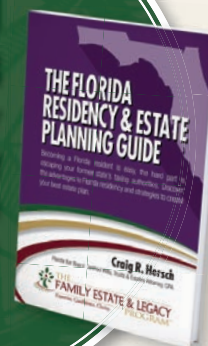
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Book Review

The Black Widow



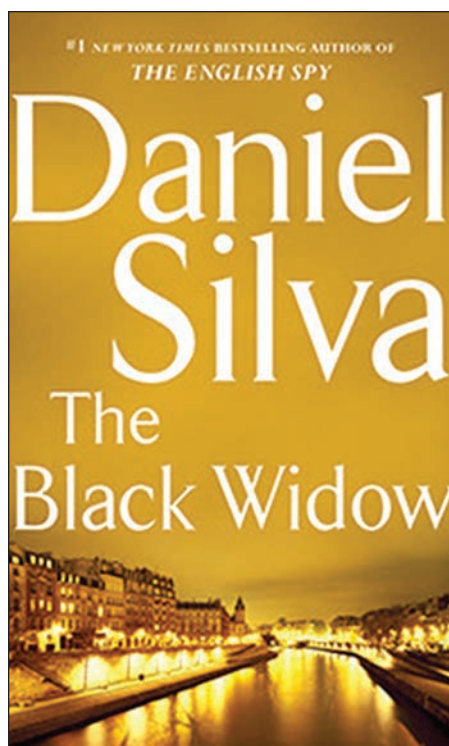
by Di Saggau

The *Black Widow* by Daniel Silva is a breathtaking tale of intrigue and suspense starring one of Silva's most popular characters, legendary spy and art restorer Gabriel Allon, who returns

to star in his 16th novel. An explosion by ISIS rocks a Jewish neighborhood in France. One of the victims, a woman, had a personal connection to Gabriel, a man poised to become the next chief of Israel's intelligence service. This pulls Gabriel back into the field for one final mission. He joins the hunt for a terrorist mastermind known only as Saladin.

The woman who Gabriel knew happened to be in possession of a very rare and famous painting valued at more than \$20 million. In the event of her death, she arranged for the painting to go to Gabriel. The French are holding it until he finishes aiding them with their investigation.

Gabriel decides to insert a female recruit of his own to infiltrate Saladin's operation. The recruit, Natalie Mizrahi, is a French-born Israeli working as a doctor in Jerusalem. Gabriel trains and molds her into the lethal weapon needed for this particular operation.



She takes on the identity of Leila Hadawi, the daughter of Palestinian refugees, and becomes part of the terrorist network ruled by Saladin. She poses as an ISIS recruit in waiting, a ticking time bomb, a black widow out for blood.

The plan is for Leila to get close enough to Saladin to expose him. However, things don't exactly go as planned. Saladin has managed to keep

his true identity a secret. He is known by reputation and name only. Smoking him out will not be easy, especially for a young doctor working as a first-time spy. Her scenes are compelling and the scope of her mission is never lost on the reader.

Silva has done a terrific job developing her character. We care about her and yet she remains somewhat of a mystery. Nonstop suspense and numerous twists keep the reader's interest. *The Black Widow* is Silva's darkest and most timely thriller to date. It is almost too real to be called fiction and will haunt readers long after they have turned the final page.✱

FGCU Workshop

The Office of Continuing Education & Off-Campus Programs at Florida Gulf Coast University (FGCU) hosts a professional development workshop entitled Stop Fixing Shortcomings and Develop Your Strengths: Gallup StrengthsFinder. The workshop costs \$80 and will be offered on the following dates and locations:

Tuesday, September 20, 5:30 p.m. to 8 p.m. at FGCU Herald Court Centre, 117 Herald Court, Punta Gorda; Wednesday, September 21, 5:30 p.m. to 8 p.m. at FGCU Main Campus (Marieb Hall 100); Tuesday, October 11, 5:30 p.m. to 8 p.m. at FGCU Atrium Executive Center, 8695 College Pkwy, Fort Myers; and Wednesday, October 12, 5:30 p.m. to 8 p.m. at FGCU Naples Center, 1010 5th Ave. South, Naples.

Participants will learn the science behind what happens in the brain when individuals establish, strive for and achieve goals. Each participant will receive the NY Times best-seller, *StrengthFinder 2.0* and an online StrengthFinder Assessment.

The program's instructor is Mary LaRocque, founder and owner of Level Up Mentoring, and a Gallup Certified Strengths Coach. FGCU Continuing Education can also arrange Stop Fixing Shortcomings and Develop Your Strengths on-site and customized to individual organizations.

For registration information, call 425-3270, or email continuinged@fgcu.edu. ✱

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, With all the recent excitement from the Olympics and Para Olympics, my daughter and I have been looking for more positive

graphic symbols for disabled people. There doesn't seem to be much that shows disabled people are active ones. My daughter, who is in a wheelchair, would love to find some graphics that would portray her and other disabled people as more vigorous. Do you have anything to recommend?

Mary Beth F., Fort Myers

Mary Beth,

You are correct in noticing how very few positive graphic symbols currently exist for disabled individuals. We see this especially with emojis. There are countless emojis available, but only one depicting disability. The good news is that right now, a group of advocates is looking to change that.

There is a London-based disability advocacy group called Scope that has created a series of 18 new emojis portraying people with a range of abilities. The icons include people in wheelchairs, individuals with prostheses, a guide dog, those with hearing impairment and other disabilities engaging in a variety of activities. And appropriately timed there are several of these newly designed emojis that depict athletes with various special needs as well. They were released on World Emoji Day that was July 18.

Rosemary Frazer, campaign manager

at Scope, who uses a wheelchair herself, expressed her feelings about this situation. She said, "Emojis offer a colorful array of more than 1,800 characters to help sum up how you're feeling. So it's disappointing that disabled people are represented with just one emoji – the wheelchair user sign."

"This one symbol can't represent me and the disabled people I know. To truly represent the world we live in, disabled people should be included in a way that reflects the diversity of our lives," she said. Her eloquence on this surely represents the feelings of her community and many others.

Scope hopes that their 18 new emoji designs will inspire Unicode, the organization that oversees emojis, to represent disabled people in a positive way. The icons developed by Scope are freely available to download and share at <https://community.scope.org.uk/discussion/29649/do-you-like-scopes-new-disability-emojis>

The images can be downloaded on a desktop by right clicking on them and clicking "save image as" and that will allow you to share them as an image on social media. These aren't proper emojis just yet, but you can still share the Jpegs. And, of course, Scope would like everyone to share their site and to view and use these new symbols. Take a look, they're great!

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

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RAIN OR SHINE



Retina Health Center Clinical Trial Of New Pill



Dr. Alexander M. Eaton

photo courtesy Retina Health Center

Retina Health Center is now accepting patients for a clinical trial for a new pill, X-82, for the treatment of wet age-related macular degeneration (AMD).

Current treatments for wet AMD include three drugs that are injected into the eye that stop the growth of blood vessels, targeting VEGF, a growth factor that contributes to new blood vessels. Research has suggested that an additional growth factor, PDGF, is also active in wet AMD, and the new pill X-82 targets both VEGF and PDGF and may reduce or replace the need for intraocular injections.

A phase-1 trial has been completed and 15 of the 25 participating patients who completed 6 months of treatment gained more than five letters on the eye

chart. Retina Health Center is one of 30 clinical trial sites around the U.S. for the phase-2 study.

Tyrogenex, the company that developed X-82, is conducting a randomized, double-masked, placebo-controlled, dose-finding phase-2 study and expects to enroll at least 132 patients. Patients with wet AMD previously treated with Avastin, Lucentis or Eylea will be considered for the trial.

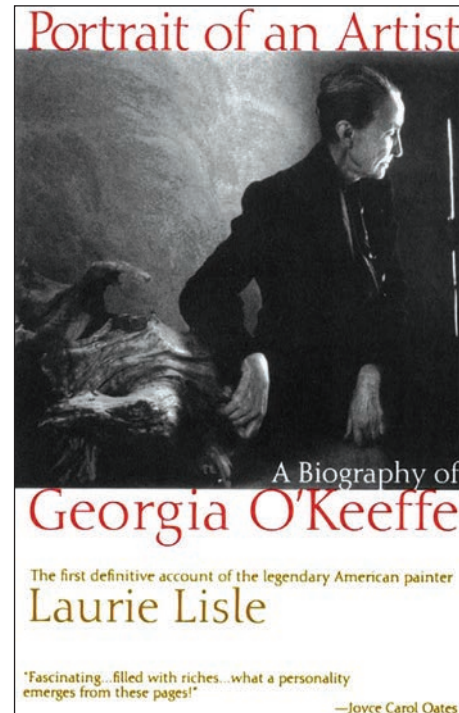
The study is designed to evaluate the safety and efficacy of X-82, a pill, in the prevention of vision loss due to wet AMD. The study will measure the mean change in visual acuity score from day one to 52 weeks after randomization. Another key endpoint is the reduction of the number of injections needed for the duration of the study.

AMD is the leading cause of blindness for people over the age of 50 in the United States and Europe. There are two forms of the disease, namely "dry" and "wet" AMD. Wet AMD is characterized by the growth of new blood vessels into the central region of the retina. These new and abnormal blood vessels cause severe central vision loss due to retinal damage caused by leakage of the blood vessels and subsequent scar formation.

Retina Health Center and the Macular Degeneration Research Center were established in 2002 by Dr. Alexander M. Eaton, a long-time Southwest Florida resident, who has been practicing ophthalmology in Lee and Collier counties for more than 20 years. Dr. Eaton has been the principal investigator for numerous studies to prevent and treat macular degeneration, and has invented numerous medical devices for use by patients and physicians that are used worldwide.

For more information on the latest studies or to make an appointment, call 337-3337 in Fort Myers or 793-5200 in Naples, or visit www.retinahealthcenter.com. ❄

Alliance Book Club To Meet



The Alliance for the Arts Member Gallery Book Club continues on Tuesday, September 20 with a discussion of *Portrait of an Artist: A Biography of Georgia O'Keeffe* by Laurie Lisle.

Join fellow Alliance members in this monthly exploration of literature

focused on art, artists, art history and art appreciation.

Georgia O'Keeffe, one of the most original painters America has ever produced, left behind a remarkable legacy when she died at the age of 98. Her vivid visual vocabulary – sensuous flowers, bleached bones against red sky and earth – had a stunning, profound and lasting influence on American art in this century.

The book club continues with *Maxwell Perkins: Editor of Genius* by A. Scott Berg on October 18, *The Lonely City: Adventures in the Art of Being Alone* by Olivia Laing on November 15, *Eiffel's Tower* by Jill Jonnes on December 20, *I Shock Myself* by Beatrice Woods on January 17 and *Twilight of the Belle Epoque: The Paris of Picasso, Stravinsky, Proust, Renault, Marie Curie, Gertrude Stein and Their Friends through the Great War* by Mary Sperling McAuliffe on February 21.

The Alliance Member Gallery Book Club meets from 6:30 to 8:30 p.m. on the third Tuesday of every month. Club members must purchase their own copy of each book, but an active Alliance membership is all that's required.

You must be a member in order to participate. Individual memberships are \$55 annually or family memberships are \$80. No experience is necessary. Visit www.artinlee.org or call 939-2787 to become a member.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers. ❄

Local Attorneys On Best Lawyers List For 2017

Henderson, Franklin, Starnes & Holt, PA, announced that 14 attorneys were recently selected for inclusion in *Best Lawyers in America* for 2017. The attorneys, along with their respective practice area and office location include:

- Charles Basinait, Environmental Law, Land Use & Zoning Law, Fort Myers
- David L. Cook, Real Estate Law, Bonita Springs
- Michael J. Corso, Professional Malpractice Defense Law, Personal Injury Litigation Defense, Fort Myers
- David K. Fowler, Real Estate Law, Fort Myers and Sanibel
- Thomas H. Gunderson, Real Estate Law, Fort Myers
- Denis H. Noah, Real Estate Law, Fort Myers
- John A. Noland, Bet-The-Company Litigation, Commercial Litigation, Fort Myers

- David M. Platt, Trust and Estates Law and Trust and Estates Litigation, Sanibel

- Russell P. Schropp, Land Use & Zoning Law, Land Use & Zoning Litigation, Fort Myers

- Robert C. Shearman, Commercial Litigation, Fort Myers

- Bruce M. Stanley, Sr., Personal Injury Defense Litigation, Fort Myers

- G. Donald Thomson, Commercial Litigation, Real Estate Litigation, Bonita Springs

- Beth T. Vogelsang, Family Law, Fort Myers and Bonita Springs

- Guy E. Whitesman, Business Organizations, Closely Held Companies and Family Businesses Law, Corporate Law, Non-Profit/Charities Law, Tax Law and Trust and Estate Law, Fort Myers

For the 2017 edition of the *Best Lawyers in America*, 7.3 million votes were analyzed, which resulted in almost 55,000 leading lawyers being included in the new edition. Lawyers are not required or allowed to pay a fee to be listed; therefore inclusion in *Best Lawyers* is considered a singular honor. ❄

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Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.”

Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

New Ambulance For Children's Hospital



Funding for the new Golisano Children's Hospital of Southwest Florida ambulance was provided by SWFL Children's Charities, Inc. photos courtesy Golisano Children's Hospital

A new, state-of-the-art virtual intensive care unit on wheels is rolling across Southwest Florida, transporting newborns and older children to and from Golisano Children's Hospital of Southwest Florida.

The ambulance, funded by SWFL Children's Charities, Inc., is slightly smaller than its predecessor, a recently retired 1999 version, and more fuel efficient. A distinct

dearPharmacist

Antibiotics Can Cause Health Problems



by Suzy Cohen, RPh

Dear Readers: I saw the ugly effects of long-term antibiotics up close when we treated Sam. There were bizarre symptoms that we thought were related to Lyme disease, which come from tick

bites. Lots of you are taking antibiotics now as well, and I want you to know that there's so much more harm from these drugs than we ever thought possible.

Everyone is aware of the assault that your stomach takes from antibiotics. You might think cramps and diarrhea are bad enough, but at least those are transient problems. Brand new animal research suggests these drugs trigger type 1 diabetes, especially when toddlers take them. Keep in mind that back in 2015, a Denmark study published in the *Journal of Clinical Endocrinology & Metabolism* correlated the use of antibiotics to type 2 diabetes in adults. From all of this, and other research, I think it's safe to conclude that antibiotic usage increases risk for type 1 and type 2 diabetes.

Antibiotics are dolled out way too easily, and some of them can destroy your nerve fibers forever. If you're a mom or dad, you don't need me to tell you that some doctors are pretty quick to prescribe antibiotics for your kids who are presented with skin rashes, ear aches, sore throats or coughs. But between you and me (and about a million people reading my article today), they are just guessing. They don't know for

sure if the bug is a virus or bacteria. The antibiotics won't work if your infection is *viral*, yet the prescription is handed out almost immediately. I think pediatricians and Lyme practitioners should rethink prescribing antibiotics in everyone who walks in the door, or at least consider shorter terms of usage.

I saw the overprescribing first-hand when my kids were young, that was 20 plus years ago. Then I saw it again with Sam when he was treated for Lyme. In the United States, statistics show that approximately half of all antibiotic prescriptions written have no therapeutic basis. I personally think this is a gross underestimate.

To hear that their use can trigger a life-long metabolic disorder that requires insulin shots is infuriating. Think of the economic impact on families and the terrible loss of quality of life. Needle sticks... dietary restrictions, doctor visits forever more. Sadly, reducing diabetic complications becomes the goal, because a cure is difficult (although possible in some cases).

Antibiotics wipe out probiotics, and when your microbiome is lacking friendly bacteria, the hateful ones take over. Then your immune system is compromised. Changes in enzyme production and gene expression occur. This is what ultimately leads to the metabolic disaster, making you way more susceptible to diabetes and all the serious complications like heart disease, amputation, more infections and blindness.

I know some of you take them every day. I just want you to be empowered and make an informed decision with your own physician about antibiotics. Heavy usage may increase your risk of diabetes, allergies, asthma, colitis, Crohn's and heart disease.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱



Niki Shimko, transport supervisor, shows off the colorful interior of the newest addition to the ambulance fleet

feature of the new addition to the fleet is a power-load stretcher system, which eliminates physically lifting the stretcher into the ambulance.

The vehicle is also equipped with the latest neonatal equipment and technology, staffed by a highly trained transport team. The equipment is sized for infants and older children, including a ventilator, nasal cannulas and masks. It includes the capability of monitoring invasive blood pressure when needed during transport.

"Having the proper equipment en route to Golisano Children's Hospital is critical, as seconds count in reducing injury and death to high-risk infants," said Kathy Bridge-Liles, chief administrative officer for Golisano Children's Hospital of Southwest Florida. "With our fleet of ambulances, we are able to immediately administer oxygen and medication, and take pre-emptive measures to reduce brain damage and physical and mental disabilities in high-risk infants. Put simply, the ambulances save lives."

The vehicle sports a painted sky overhead, iPads, a DVD player, music, coloring books, PlayDoh and rattles.

For more information, visit ChildrensHospitalGoal.org.✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

During the holidays, we decided one night to go to the movies.

As we approached the two available seats, I could not help but notice the three people sitting in the seats closest to me. A severely obese father, his very fat daughter who was about 10 years old and his wife who was at least 80 pounds overweight.

Just before the movie was to begin, the wife started to drink her colossal soda, followed by two boxes of chocolate covered raisins. Then she opened a box of cookies and shared them with her child and husband. She consumed calories during the entire movie. She was really working hard on

her apparent plan to become grossly obese.

Please share with me what is happening to some of the boomer generation?

Cathryn

Dear Cathryn,

Based on the diet industry, I don't think obesity is limited to the boomer generation.

Good health habits of proper nutrition and exercise are a day-to-day life-long commitment. There are many who can make the commitment and many who cannot. My heart goes out to the overweight kids of the world, whose parents are not setting good examples or teaching good habits. Kids can be cruel to overweight peers.

Pryce

Dear Cathryn,

Many seniors also over indulge and gain weight. Some seniors have limited ability to move due to arthritis and other medical conditions. Their main source of entertainment revolves around food. Food becomes their pleasure and they want to enjoy themselves.

Children who are overweight can become obese in adulthood and face many problems. Their insurance premiums are two to four times higher. They have higher medical bills, face job discrimination, do not become candidates for job promotion, have shorter life spans, along with the possibility of diabetes and becoming blind.

Unfortunately many people live to eat, rather than eat to live.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

PETS OF THE WEEK

Hello, I'm Brady. I'm a 3-year-old male black mouth cur mix with long legs that loves to jump in the air to catch bubbles. I probably have some Great Dane in my DNA somewhere. I'm also an avid gardener and like to water the plants. Come meet me and see what you've been missing in your life.

Adoption Fee: \$30 (regularly \$75) during Animal Services' Hot Dogs and Cool Cats September Adoption Promo

Hi, I'm Savannah. I'm a 5-month-old spayed female domestic short hair who is playful, goofy, smart and sweet-natured. I absolutely love laser pointers. I have the cutest ears and am slowly growing into them. I love people and playing, but I didn't have the best start in life as a stray kitten. My foster mom rescued me during a stormy night. I am now at the shelter hoping for my forever home at long last. I am afraid to be at the shelter but would be wonderfully happy in a quiet home environment. Do you have that forever home I am looking for?

Adoption Fee: \$30 (regularly \$75) during Animal Services' Hot Dogs and Cool Cats September Adoption Promo

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

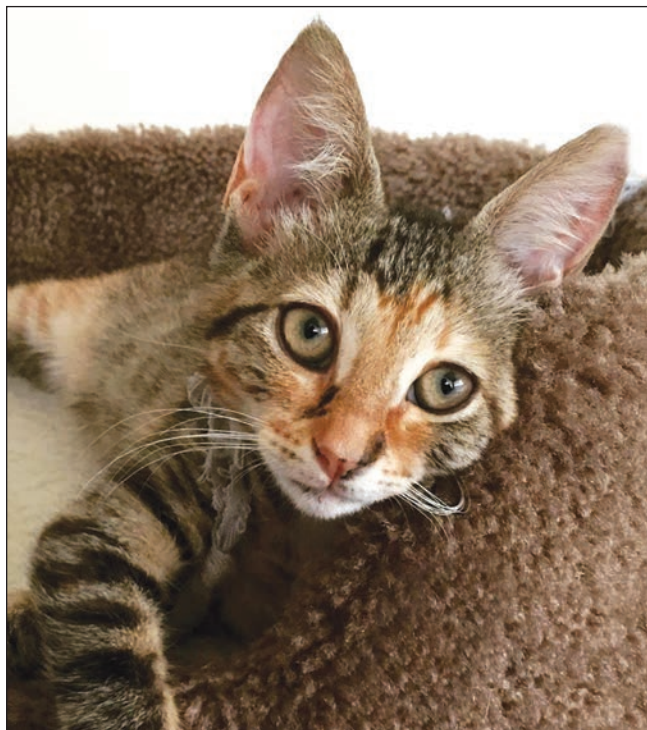
The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Brady ID# 671463



Savannah ID# 665765

Hot Dogs And Cool Cats At Animal Services

The summer months may be coming to an end, but Lee County Domestic Animal Services is still feeling the heat due to kitten season and the slower summer adoption season. The agency is appealing to the community to adopt any pet this September for just \$30 during Animal Services' Hot Dogs and Cool Cats adoption promotion. The promotion will also feature free senior pets for senior citizens and two-for-one adoption fees for all felines.

The adoption package, valued at \$500, includes:

- Spay/neuter surgery

- Age-appropriate vaccinations
- Lee County pet license
- Microchip ID
- De-worming
- Heartworm test for dogs 6 months and over

Feline Aids and leukemia test for cats
Pet behavior helpline
10-day Pet Guarantee
Pets available for adoption may be viewed online, and adopters can submit an application online as well. The website updates hourly. Volunteers and staff will be available to help individuals and families select the pet that best suits their family.

Adoption hours are 10:30 a.m. to 3:30 p.m. Monday through Saturday at the shelter, located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.*

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees)	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

A RIVER RUNS THROUGH IT

- ACROSS**

1 Virginia city or river

8 Religious day of rest

15 Triangular house part

20 Country east of Turkey

21 Turkey locale

22 Iranian faith

23 Waste time on trifling things in a brave way?

25 23-season baseballer Rusty

26 Fork sticker

27 The, to Gigi

28 Storage medium that can be written to

29 PC shortcut code

30 — -Caps

31 Ship bunk

33 Bush's successor ready to hit the hay?

37 Alamo rental

38 "Alley —"

40 Manning of the NFL

41 Brazilian berry
- 42 Repair of an angel's blood vessel?

50 Snacked

51 Christens differently

52 Became solidified

53 Author Joyce Carol —

55 Zing

56 — out an existence

58 Justin Bieber fan, often

59 Paint coarsely

61 Viral Internet images, say

63 Carter's successor used a hand motion?

69 Dallas-to-Nashville dir.

70 Just right

73 Zing

74 Miner's strike

75 Deli meats turning bad?

80 Uppity type

82 Droopy

83 Agenda

84 On an ad — basis

87 This, in Acapulco

88 Retro photo tint
- 91 Rialto city

93 Like droids

95 Long-running CBS series

96 Nietzschean superman from Vegas?

100 Golden State sch.

102 Hi- — image

103 PC storage letters

104 Sci-fi beings

105 Bird crossbreed?

110 "Wrong"

112 Sorority letter

115 Relatives of sororities, for short

116 Jazz sax player Stan

118 — Offensive

119 Hammer end

120 Slow — (small primate)

121 Incense resin causes intoxication?

125 1985 Kate Nelligan drama

126 Marinara herb

127 Alfresco

128 Marsh plant

129 Lifeblood

130 Most moist
- DOWN**

1 Boats that inflate

2 Politician Hatch

3 Kind of acid

4 "Scream" actress

5 1969 Beatle bride

6 Aggressive stinger

7 Agog

8 Salt, in Sèvres

9 "— Lang Syne"

10 "Well done!"

11 Inn combo

12 "Ad — per aspera" (motto of Kansas)

13 "Shop — you drop"

14 Horse food

15 Doohickey

16 Capital of Kazakhstan

17 Animal of superstition

18 Nobelist, e.g.

19 Personifies

24 — Martin

31 Oz creator

32 Boss — ("The Dukes of Hazzard" role)
- 34 Honey liquor

35 Roker and Sharpton

36 Nose marrer

37 Lifting device

39 Vatican City sculpture

42 Thick, sweet liqueurs

43 Treasure State capital

44 Tooth cover

45 Query

46 Designer Cassini

47 Petition

48 1969 Beatle groom

49 Juveniles

54 "Aladdin" monkey

57 Historian's units

59 Party for JFK

60 Sahara viper

62 Of apes

64 Fled to hitch

65 Vincent van —

66 Uses a perch

67 Like steamy literature

68 Disunite

71 Not bright

72 Paranormal gift

76 Foreman fighter

77 Limb bone
- 78 Outing ruiner

79 Run up

81 Rialto signs

85 Bobby the Bruin

86 Is realized

88 Brawls

89 Salad endive

90 Having supporting columns

91 Prefix with dilator

92 Black, in verse

94 "Thanks — God!"

97 Suffix with north

98 — out (chill)

99 Be a ham

101 Stage skill

106 Davis of film

107 Cruel beasts

108 Suit twill

109 Actor Hawke

111 Quarterback Tim

112 Fix, as laces

113 Gives ear to

114 Kickoff

117 It's in brass

119 Previous

121 Skier Tommy

122 52-wk. units

123 — Valley, San Francisco

124 Hairy sitcom cousin

1	2	3	4	5	6	7		8	9	10	11	12	13	14		15	16	17	18	19
20								21								22				
23								24								25				
26						27			28							29				
30					31			32		33			34	35	36					
			37					38		39			40				41			
42	43	44					45			46	47	48				49		50		
51								52								53	54			
55					56			57		58					59	60				
61				62			63	64					65				66	67	68	
69				70	71	72						73						74		
75			76						77	78	79						80	81		
			82					83					84	85	86		87			
88	89	90					91				92		93		94					
95				96	97	98							99							
100			101		102						103				104					
105				106					107	108	109		110		111			112	113	114
115								116				117		118				119		
120							121	122					123				124			
125								126								127				
128															130					

King Crossword

- ACROSS**

1 Vacationing

4 Rotating parts

8 Grouch

12 Melody

13 Garfield's pal

14 Golf target

15 Not restricted by convention

17 Facility

18 Sprite

19 Wing part

21 Strolled

24 Perched

25 Yoko of music

26 Storm center

28 Skewered entree

32 And others (Lat.)

34 Moray, e.g.

36 Vagrant

37 Aligned one self (with)

39 Cosmetics mogul Mary — Ash

41 Caviar base

42 Type measures

44 Fifth and Main, e.g.

46 Take away (from)

50 Dict. information

51 Jai follower
- 52 Out of jeopardy

56 Uninteresting

57 Sweater material

58 Chow down

59 Partner

60 Swiss range

61 Mound stat
- 7 Big rigs

8 Fast cat

9 Bellow

10 As well

11 Existed

16 Wapiti

20 "Mighty — a Rose"

21 Troubles

22 Opposed

23 Color

27 "A mouse!"

29 Elsa's story

30 Reed instrument

31 Transvaal trekker

33 With a suspi-
- cious eye

35 Fond du —

38 "CSI" evidence

40 Sings in

60-Across?

43 Unstressed vowel

45 Ump

46 Arp's genre

47 Hebrew month

48 Lofty

49 Implement

53 Swab the deck

54 Corn spike

55 Greek H
- DOWN**

1 LummoX

2 Evergreen type

3 Mooch

4 Java

5 Fuss

6 Actress Sorvino

MAGIC MAZE ● WHITE — : ANIMALS

G I E B Y O V R O L I F C Z W
S P T Q N K O I F C Z W U R P
E L E P H A N T S M M J H E C
A Z E E K X U S A H N Q N L J
B G E R H C Z R X K A V T R P
A N O C R S L L J H C R W E C
S T A H Y I W X V E I O K T R
S P I N N L U K O I L H C G E
C N B Z X W U Q S F E A R P O
O M L J I G E D S B P W H A Y
X W U T S Q P O N L K K J W H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Ants

Cockatoo

Elephant

Fox
- Hawk

Marlin

Pelican

Perch
- Rhino

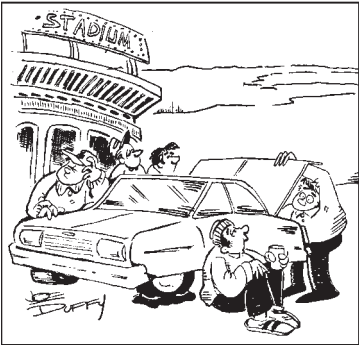
Seabass

Sheep

Squirrels
- Stork

Whale

Wolf



"Don't bother looking for the spare, I took it out to make room for the _____."

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Secure
 ARCTINE
 Mesh
 GNOBLE
 Archive
 CREDOR
 Feature
 TALIED

TODAY'S WORD

3				4		2		
		5	1					4
	8	1			3		7	
7			6					3
	5				2	4		
		2		7			8	
1			8			3		
	4			9				5
		6			4		1	

SUDOKU

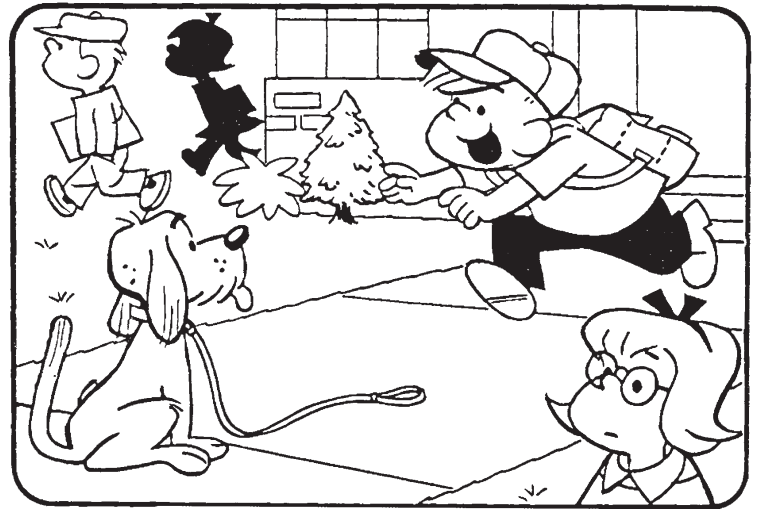
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

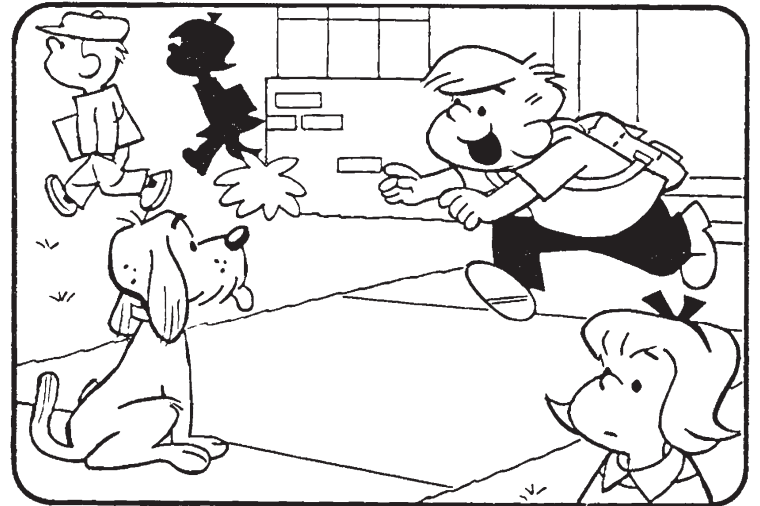
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Dog's tail is shorter. 2. Leash is missing. 3. Tree is missing. 4. Cap is missing. 5. Backpack is smaller. 6. Glasses are missing.

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Garden Pizza

1 whole wheat pizza crust,
baked and ready to be topped
½ cup tomato or pizza sauce
2 tomatoes, sliced thin
½ cup bell peppers, diced small
1 cup mushrooms, sliced
1 cup zucchini, diced small
1½ cups grated mozzarella cheese
¾ cup fresh mozzarella cheese,
hand torn
¼ cup fresh basil leaves, hand torn
Preheat oven to 375 degrees F.
Evenly distribute the sauce over
the cooked whole wheat pizza dough.
Top pizza with tomatoes, peppers,
mushrooms, zucchini and cheeses.
Bake for 10 to 15 minutes or until
bubbly. Let cool slightly. Garnish with
fresh basil.*



Garden Pizza

photo courtesy Fresh From Florida

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*NS 4/24 CC TFN

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LOAN NEEDED

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*RS 7/22 CC TFN

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ANNUAL RENTAL

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downstairs. Call Dan at 239-470-1342,
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*NS 8/12 CC TFN

ANNUAL RENTALS SANIBEL

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carport, and just minutes to walk to Bay or
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new carpet, and Huge lanai overlooking
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*RS 8/26 CC 9/23

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*NS 9/2 CC 9/2

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*RS 5/13 CC TFN

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*NS 8/19 CC 10/21

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Volunteers provide companionship and
friendship to frail elderly individuals who
are homebound and generally living
alone. Seniors Receive: Tax-free Stipend
of \$2.65/hr., Mileage reimbursement of
\$.40/mile, Paid Holiday, Vacation, & Sick
leave. Volunteers, age 55 and older, able
to volunteer at least 15 hours per week are
urged to call today.
Dr Piper Center for Social Services, Inc.,
Tel: (239) 332-5346 or (800) 332-5346
*NS 7/1 NC TFN

HELP WANTED

LOCAL BABYSITTERS NEEDED

Sitters needed to refer to guests on San/
Cap. \$12+ hr. Must have transportation.
Need to fill 10 referral positions. Contact
239-410-4421/sancapsitter@gmail.com
*NS 9/2 CC 9/23

FRONT DESK MANAGER

Sanibel Historical Village.
Hours Tuesday through Saturday,
9:30-4:30 October through April,
9:30-1:30 May through August,
September off. Duties include opening
and closing facility, greeting guests,
taking admission fees, and working with
the docent on duty to orient visitors.
The person will also assist the museum
manager with special projects as needed.
Applicant must be personable, well
organized, and completely dependable.
Compensation is \$15 per hour. Send
resume to info@sanibelmuseum.org or
mail to PO Box 413, Sanibel, FL 33957.
*NS 8/26 CC 9/2

REAL ESTATE ADMINISTRATOR

Royal Shell Real Estate is seeking a
dependable, well-qualified individual
for an extremely busy office.
Part-time weekend position & possibly
other days as needed. Email resume to:
danielle@royalshellsales.com
*NS 8/5 CC TFN

COSTUME MASTER/MISTRESS

Sought: Part Time
Wardrobe mistress/master
for The Laboratory Theater of Florida.
This position will work under the direction
of the Production Manager and
Artistic Director.
Primary duties are to organize and
maintain inventory of wardrobe and
costumes, and to advise Production
Manager and Directors as
to available wardrobe inventory.
This is a volunteer, community service,
part-time as-needed position and could
become longer term for a candidate with
the right fit and drive. Stipend is available.
Students and retirees
can contact:
info@laboratorytheaterflorida.com or
239-218-0481.
*NS 8/26 NC TFN

LOST AND FOUND

ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse
Beach by the big driftwood tree on 4/28/16
in the water. If anyone finds, please contact
the Sanibel Police or call 864-704-5135.
*NS 5/13 NC TFN

Local Chapter Wins Awards At State Conference

The Florida Public Relations Association (FPRA) honored the FPRA Southwest Florida Chapter (FPRA SWFL) with several awards at the 78th annual FPRA State Conference at Innisbrook Resort in Palm Harbor, Florida from August 7 to 10. Members from 15 chapters across the state of Florida and public relations professionals from around the world enjoyed four days of professional development, networking and recognition from their peers.

FPRA State President Roger Pynn, APR, CPRC, presented members of FPRA SWFL with 10 awards. One of the awards given was the highest honor, the Dick Pope All Florida Golden Image Award, which went to the Lee County Port Authority (LCPA) for its Southwest Florida International Airport TSA PreCheck campaign. The LCPA was given the award for the best public relations program in the state for the 2015-16 fiscal year.

The 2016 Golden Image competition received more than 135 entries from around the state. The competition is judged by past state presidents of the Florida Public Relations Association and members of the FPRA Counselors' Network.

FPRA recognizes local chapter excellence through its annual President's Awards in 10 categories: Accreditation and Certification, Communications, Community Service, Financial Management, Image Awards, Leadership Development, Membership Development, Professional Development, Special Event Planning and Student Development, based on accomplishments throughout the year.

"We have an incredible chapter here in Southwest Florida that's leading the way in public relations," said Trish Robertson, FPRA Southwest Florida Chapter president. "To be honored with these awards from the state association shows what an outstanding group of people we have committed to this profession."

FPRA SWFL was also the winner of the 2016 Chapter Challenge, which is given to the chapter that promotes annual conference and Golden Image Award the most through various communication outlets throughout the year, hosts a Local Image Award ceremony and participates in a membership renewal program.

In addition, FGCU Chapter President Breanna Rigg was awarded the Bob Davis Florida Public Relations Education Foundation Scholarship for professional development studying to enter the public relations profession. Rigg was the only student in the state to receive the scholarship.*



FPRA Southwest Florida Chapter award winners at the Golden Image Awards photo courtesy FPRA

HORTOONS

What No-see-ums do during the winter.

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Tarpon Bay At Captiva	Captiva	2002	4,385	\$3,585,000	\$3,299,000	615
Captiva Island Map N End	Captiva	2008	3,558	\$1,950,000	\$1,500,000	49
Mossy Glen	Fort Myers	2005	6,650	\$1,495,000	\$1,435,000	78
Sanibel Isles	Sanibel	1996	3,052	\$1,279,000	\$1,279,000	1,185
Briarcliff	Fort Myers	1981	6,977	\$1,250,000	\$1,133,500	4
The Colony	Bonita Springs	2015	3,131	\$1,075,000	\$1,025,000	469
Renaissance	Fort Myers	2016	3,375	\$1,018,345	\$948,500	47
Bonita Lakes	Bonita Springs	2015	3,769	\$749,995	\$719,000	351
The Enclave	Fort Myers	2004	4,324	\$743,900	\$630,000	34
Holiday Heights	Fort Myers Beach	1981	1,981	\$725,000	\$675,000	66

Join us for our Open House

Sept 8th, 5pm - 7pm

If you haven't heard, Doc Ford's Sanibel is moving its flagship location to our brand new building across the street from Bailey's Shopping Center!



***We look forward to you joining
in on the fun!***

239-472-8311 • 2500 ISLAND INN RD. SANIBEL FL, 33957 • WWW.DOCFORDS.COM